

**Jill W. Varnes, EdD, CHES**  
 Professor, Health Education and Behavior  
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### Biographical Sketch of **Jill W. Varnes**

Dr. Jill W. Varnes, Professor in Health Education and Behavior, College of Health and Human Performance has recently completed a 3 year term of service as Interim Dean in the College. Prior to serving as Interim Dean, Varnes spent almost 4 years as Director Accreditation and New Degree Programs in the Office of Academic Affairs at the University of Florida. Previous administrative experience includes serving eleven years as Assistant Dean in the College of Health and Human Performance with primary responsibility for academic and student affairs; and as Director of Living Well, employee wellness program.

She has published in journals such as *Preventive Medicine*, *Journal of Health Education and Health Education and Behavior* and is co-author with Drs. Bud Getchell, and Rusty Pippin of Perspectives on Health, at one time the leading high school health textbook in the US. Varnes is credited with grants of nearly \$3 million, and was the first faculty member in the CHHP to successfully compete for National Institutes of Health funding.

She initiated the University of Florida's employee wellness program, Living Well, which has grown to be a self-sustaining enterprise with a full time staff. As a volunteer with the American Lung Association she was integrally involved in passage of Florida's Clean Indoor Air Legislation to create smoke-free workplaces and educational facilities. Varnes successfully guided the University of Florida's reaffirmation of accreditation through the Southern Association of Colleges and Schools – Commission on Colleges.

In the area of professional service and leadership she served as President of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) in 1999-2000. Varnes has received a number of recognitions including Biennial Health Education Scholar from the International Council for Health, Physical Education, Recreation and Dance, the AAHPERD Honor Award, the American Association for Health Education Professional Service Award and multiple listings in Who's Who in American Education.

Over the course of her career Varnes has planned and implemented professional development programs and leadership institutes for school districts, volunteer organizations and professional associations. Her current area of research is related to sun protective behaviors in children and adults. With Dr. Carol Reed Ash of the College of Nursing she developed the GatorSHADE program to raise awareness about skin cancer prevention. Additionally, Varnes working with a University of Florida campus wide coalition is taking a lead role in launching a campus wide initiative, "Healthy Gators 2010". This initiative is focused on creating a campus environment supportive of health enhancing lifestyles for students, faculty and staff.

## JILL WILSON VARNES, Ed.D.

**CURRENT POSITION:** Professor, Health Education and Behavior, College of Health and Human Performance; Director Florida Center for Health Promotion at the University of Florida, Gainesville, FL.

### **EDUCATION:**

Ed.D. Health and Physical Education, School of Health, Physical Education, & Recreation, University of Southern Mississippi, Hattiesburg, Mississippi, May, 1978.

Dissertation: Health and fitness knowledge of an aged population in Southern Mississippi.

M.A. Physical Education, College of Physical Education, Health and Recreation (now Health and Human Performance), University of Florida, Gainesville, Florida, August, 1974.

Thesis: Female role images as perceived by female college students.

B.S. Physical Education, College of Physical Education, Health and Recreation (now Health and Human Performance), University of Florida, Gainesville, Florida, August 1973

A.A., Social Sciences, Lake Sumter Community College, Leesburg, Florida, August, 1967

### **CERTIFICATIONS:**

National Commission on Health Education Credentialing - Certified Health Education Specialist, certificate number 3419.

Florida Association of Professional Health Educators - Certified Health Educator, certificate number 002.

Florida teacher certification, number 369892, subject areas of health education and physical education.

### **HONORS:**

Who's Who of American Women first selected for listing in 2005.

Fellow Status granted, North American Society for Health, Physical Education, Recreation and Dance, (international) April, 2003.

Ikey Carr Memorial Honor Award, presented by the Mississippi AAHPERD for outstanding contributions to the HPERD professions, December, 1999.

Presidential Award, Virginia AHPERD, Carl Stockton, President, November 6, 1998.

Presidential Award, Florida AHPERD, Jeannie Fifer, President, October 16, 1998.

Fellow status granted, American Association for Health Education, April 1998.

Honor Award, American Alliance for Health, Physical Education, Recreation and Dance, April 21, 1997.

Biennial Scholar Award in Health Education, International Council for Health, Physical Education, Recreation, Sport and Dance, 1995-1997.

Professional Service to Health Education, Association for the Advancement of Health Education, (highest level of recognition by AAHE) 1993-94.

Teacher of the Year, College of Health and Human Performance, 1992-93.

Teacher of the Year, Department of Health Science Education, 1992-93.

Honor Initiate of the Omega Zeta Chapter of Order of Omega, University of Florida, Fall 1992.

Certificate of Appreciation for Outstanding Service, American Association for the Advancement of Health Education, Indianapolis, April 1992.

Who's Who in American Education, first selected for listing in 1992.

Certificate of Appreciation for Service, American Lung Association of Florida, Tampa, June 1991.

Research Achievement Award for 1990, University of Florida Division of Sponsored Research, March 1991.

Health Educator of the Year, Florida Association of Professional Health Educators, January 1990.

Fellow status granted Association for Worksite Health Promotion (formerly Association for Fitness in Business), September 1989.

Honor Award Southern District of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) 1989.

Presidential Citation, for contributions in support of Southern District AAHPERD, February 1988.

Teacher of the Year, Department of Health Science Education 1986.

Presidential Award Florida Association of Professional Health Educators 1986.

Nominee, State of Florida Women's Hall of Fame 1984.

Honor Award Florida Association for Health, Physical Education, Recreation and Dance 1983.

Honor Society of Phi Kappa Phi, University of Southern Mississippi, elected to membership 1976.

Who's Who in American Junior Colleges, Lake Sumter Community College 1967.

### **EDUCATIONAL WORK EXPERIENCE:**

July 2007 – **present**: Director, Florida Center for Health Promotion, College of Health and Human Performance. Responsibilities include all aspects for Center operation; facilitation of research activities and collaboration in contract and grant development.

July 2003 – August 2006: Interim Dean, College of Health and Human Performance, University of Florida. Responsibilities include oversight of all aspects of college administration, including budget, fund development, external and internal relations.

July 1999 – 2003: Director Accreditation and New Degree Programs, University of Florida, Office of the Provost and Senior Vice President. Responsibilities included directing the reaffirmation of accreditation for the university via the Southern Association of Colleges and Schools – Commission on Colleges. Working with colleges to develop proposals for new degree programs and liaison with the decision-making bodies at university and state levels.

August 1996 – **present**: University Of Florida, College of Health and Human Performance, Department of Health Education and Behavior, Professor. Responsibilities include teaching graduate and undergraduate courses, mentoring doctoral students, serving on master's committees.

August 1989 – July 1999: Assistant Dean for Academic and Student Affairs College of Health and Human Performance. Responsibilities include coordination of academic advisement process for departments in the college, admissions, serving on various academic committees, curriculum review, and college liaison with other colleges and campus programs. Additional responsibilities included Editor of the alumni magazine and faculty advisor to the college council.

August 1984 - 1988: Director, University of Florida Living Well Program. Living Well is the university's employee health promotion program. Responsibilities included scheduling of programs, supervision and evaluation of staff, participant counseling, program development, scheduling of facilities and budget development and implementation.

August 1983 – 1996: Associate Professor, University of Florida, College of Health and Human Performance, Department of Health Science Education (now Health Education & Behavior).

August 1983: University of Florida, College of Health and Human Performance, Department of Health Science Education (now Health Education & Behavior) granted tenure and promoted to the rank of Associate Professor.

September 1978 - 1983: University of Florida, College of Physical Education, Health and Recreation (now Health and Human Performance), Assistant Professor, Department of Health Education (now Health Education and Behavior). Assignments included teaching various health education courses as assigned by the department chair, serving on both university and college committees, undergraduate program coordinator, and academic advisement.

September 1977 - September 1978: Florida Department of Education, Tallahassee, Florida; Assistant Coordinator Comprehensive Health Education Demonstration Model (CHEDM), a federally funded school health education project. Assignments included providing technical assistance in the implementation of various health education programs in the school districts; coordinating and conducting teacher training workshops, and program evaluation.

June 1976 - August 1977: University of Southern Mississippi, Hattiesburg, Mississippi; School of Health, Physical Education, and Recreation, Graduate Fellowship. Responsible for supervising the College's Learning Resource Center. These responsibilities involved the hiring, scheduling, supervision, and evaluation of work-study students as well as coordinating the checkout of materials, and supplies. Also, assigned to teach various classes as needed.

Summer Employment 1976: Selected to receive training as a Red Cross advanced first aid instructor for Marion County Schools.

Summer Employment 1975: Developed physical education career education curricula for Marion County Schools.

August 1974 - June 1976: Marion County School System, Ocala, Florida, Health and Physical Education Teacher, Department Chair, Dunnellon High School. Taught health education and physical education as separate content areas. As department chair revised the health education and physical education curricula to reflect lifetime health and fitness needs and to provide more variety for students. Implemented the girls' athletic program; coached cross-country, track and field, basketball, tennis, and assisted with volleyball.

January 1974 - August 1974: University of Florida, Gainesville, Florida, College of Health, Physical Education and Recreation, Graduate Assistant, Exercise Physiology Laboratory. Assisted in the exercise physiology lab with various lab experiments and research, also assisted with undergraduate lab classes.

### **UNPUBLISHED MANUSCRIPTS (Grants):**

National Cancer Institute/NIH, GatorSHADE: Sustaining Sun Protective Behaviors. Co-PI with Dr. Carol Reed Ash, PI and John Todorovich, Co-Investigator, July 2003, (not funded) \$799,938.00.

University of Florida Cancer Research Center, GatorSHADE Event –request for football game event and other promotional activities to Medic Interactive. With Dr. Carol Reed Ash, October

1997, (funded) - \$50,000.

Florida Department of Education, contract to Reframe Health Education Teacher Competencies into accomplished practices. With Robert Weiler, Fall 1997 (funded) - \$12,500.

National Cancer Institute/NIH, subcontract with University of Washington, Working Well Mediator's Project to investigate institutionalization of the Working Well Project's activities into participating organizations. January 1997 (funded) - \$41,540.

Fred Hutchinson Cancer Research Center, University of Washington, subcontract for participation in the Working Well Mediator's of Cancer Prevention Interventions 2nd year of a 2 year project. October, 1995 (funded) - \$43,000.

Fred Hutchinson Cancer Research Center, University of Washington, subcontract for participation in the Working Well Mediator's of Cancer Prevention Interventions to determine institutionalization of health promotion programs in worksites involved in the Working Well Research trial, January 1995, (funded) - \$23,000.

University of Florida Cancer Research Center, SunSafe (now known as GatorSHADE) Project -- development of data collection instrument and baseline data collection. With Dr. Carol Reed Ash, February 1994, (funded) - \$50,000.

National Institutes for Health/National Cancer Institute, SunSafe Project for skin cancer prevention involving public education for the campus community and professional education for health care providers. Submitted with Dr. Carol Reed Ash, July 1993, three year project at \$180,000.00 per year (not funded).

National Institutes for Health/National Cancer Institute grant to investigate Worksite Health Promotion Strategies for Cancer Prevention. Submitted with Dr. Claudia Probart, June 1993, fifth year September 1993, (funded) - \$305,932

National Institutes for Health/National Cancer Institute grant to investigate Worksite Health Promotion Strategies for Cancer Prevention. Submitted with Dr. Claudia Probart, February 1993 supplemental funds (funded) \$31,000.00.

National Institutes for Health/National Cancer Institute grant to investigate Worksite Health Promotion Strategies for Cancer Prevention. Submitted with Dr. Claudia Probart, June, 1992, fourth year September 1992 (funded) - \$293,200.00.

National Institutes for Health/National Cancer Institute grant to investigate Worksite Health Promotion Strategies for Cancer Prevention. Submitted with Dr. Claudia Probart, February, 1991 supplemental funds to conduct interim Organizational Survey, (funded) - \$66,000.00.

National Institutes for Health/National Cancer Institute grant to investigate Worksite Health Promotion Strategies for Cancer Prevention. Submitted with Dr. Claudia Probart, May, 1991, third year September, 1991 (funded) - \$208,217.00.

Division of Sponsored Research, NIH Small Instrumentation Grant for DINE nutritional analysis hardware and software, 1991, with Dr. Claudia Probart, (funded) - \$5736.00.

National Institutes for Health/National Cancer Institute grant to investigate Worksite Health Promotion Strategies for Cancer Prevention. Submitted with Dr. Claudia Probart, May, 1990, second year September, 1990 (funded) - \$278,731.00.

Division of Sponsored Research, NIH small instrumentation grant for computer assisted slide production equipment, 1990, with Dr. Claudia Probart, (funded) - \$6849.00

National Cancer Institute/National Institutes for Health: Worksite Health Promotion Strategies for Cancer Prevention. Initial submission with Dr. Claudia Probart, submitted May 1989, first year September, 1989 (funded) - \$308,510.00

GTE Foundation, scholarship support for students in the Department of Health Science Education, 1989, (not funded) - \$20,000

Florida Department of Education grant to develop additional test items for the teacher certification examination in the content area of health education, January, 1989. (funded) - \$52,000.00

Florida Department of Education grant to develop a study guide for the teacher certification examination in the content area of health education, October, 1988. (funded) - \$6000.00

Florida Department of Education grant to develop additional test items for content testing in health education, October, 1987. (funded) - \$49,000.00

Metropolitan Life Insurance Company Grant with Drs. Chen, Dorman, and Rienzo to provide health education in-service to Sarasota and Palm Beach County teachers, November, 1987. (funded) - \$10,000.00

University of Florida Division of Sponsored Research grant to support graduate assistant for 1987-88. (funded) - \$5,500.00

Florida Department of Education Grant to develop test item specifications and test items for certification testing in health education for the state of Florida. Project director, January, 1987 (funded) - \$52,000.00

Florida Department of Education Grant to develop bi-level competencies and skills for health education teachers in the state of Florida, with Dr. William Chen, October, 1986 (funded) \$50,000.00

Metropolitan Life Insurance Company, grant with the American Lung Association of Florida, Florida Department of Education, and the Florida Alcohol and Drug Abuse Council, to provide in-service training for the Growing Healthy Program (funded) - \$10,000.00

Mini-grant proposal to the Northeast Branch of the American Lung Association of Florida to support K-3 health education programs. In Northeast Branch District Schools. August, 1984. (funded) - \$4,000.00

Mini-grant proposal to the American Lung Association of Florida and the Northeast Branch to support elementary teacher's participation in the Florida Association for HERD summer workshop on health and fitness June, 1984. (funded) - \$2,000.00

Health Fitness grant proposal with Dr. Sue Whiddon, to the Florida Department of Education to support the Florida Association for HPERD summer workshop May, 1984. (funded) - \$8,000.00

Pilot Study of Growing Healthy In-Service Program and Publication of Manual. Grant proposal to the American Lung Association, July 1, 1983 - June 30, 1984. (funded) - \$6,000.00

Development of a packaged in-service program for the Growing Healthy (K-3) program. Grant proposal submitted to the American Lung Association, January 1983. (funded) - \$9,000.00

Florida Health Education-Risk Reduction Program Consultative Assistance Grant, submitted to the Department of Health and Rehabilitative Services, December 1980 with Drs. G.F. Lafferty and B.A. Rienzo. (not funded)

Pre-Service program for the School Health Curriculum Project (K-7), grant proposal submitted to the National Center for Health Education/Bureau of Health Education, February, 1980. (not funded).

Health Education Teacher Competency Study, grant proposal submitted to the Council on Teacher Education, Tallahassee, Florida, August, 1978. (funded) - \$12,000.00

Patient Health Education, Chronic Obstructive Pulmonary Disorders; grant proposal submitted to the Veteran's Administration Hospital, Gainesville, Florida, March, 1978. (not funded).

### **OTHER RESEARCH ACTIVITIES:**

Spiritual Health and the University of Florida Experience of First Year Students. (UFIRB approved # 2005-0573).

GatorSHADE 4<sup>th</sup> grade curriculum implementation and evaluation Indian River County Schools through physical education classes. With Dr, Carol Reed Ash, College of Nursing (2003).

GatorSHADE pilot project for 4<sup>th</sup> grade GatorSHADE curriculum. PK Yonge Developmental Research School. With Dr. Carol Reed Ash, College of Nursing (2002)

Wellness in Schools Project with Broward County School system. An investigation to determine the impact of environmental support for wellness behaviors within a school system, 3 year study data collection in process (1999-2002). (Broward County School Board subsequently placed a

hold on this project.)

An investigation to determine continuing education needs of Certified Health Education Specialists (CHES) in the state of Florida, with Drs. Charles Hale and Steve Dorman.

An investigation to determine practice settings and academic background of persons delivering health education in the state of Florida, with Drs. Charles Hale, Steve Dorman, and Mary Sutherland.

A Survey of College of Health and Human Performance Graduates with Ms. Betty Graham, 1990-91.

Cost effectiveness of in house physical therapy at GTE of Florida, 1988-89.

Development of an instrument to assess knowledge gain in high school students after a one semester a required health course (Life Management Skills), 1987-89.

An investigation of compliance with Florida's Clean Indoor Air Legislation among Florida's top 150 revenue producing businesses, 1987-1988.

An investigation of teacher certification requirements in the area of Health Education in the United States, 1987.

The identification of entry level and advanced competencies and skills for health education teachers in the State of Florida, 1986-1987.

An investigation of high school health teachers' knowledge of health content, with Dr. Barbara Rienzo, summer, 1986.

The development of an examination for professional registration of Florida's Health Educators, 1986-87.

Comparison of a 3 day teacher in-service training program with a 5 day teacher in-service program for elementary teachers in the "Growing Healthy" (K-3) program, 1984-85.

An investigation of University of Florida students' perception of the female role. With Dr. Barbara Rienzo, 1980-1981.

An investigation of vital content as perceived by health education teachers in Florida's middle and high schools, 1979-80.

An investigation of health and fitness knowledge of an aged population in Southern Mississippi. Doctoral Thesis, University of Southern Mississippi, 1978.

Physical self-perception before and after an eight week training program, Independent Research, University of Southern Mississippi, 1977.

A Comparison of Female Role Images as Perceived by Female College Students: Athletes versus Non-Athletes, Independent Research, University of Florida, 1974.

Female Role Images as Perceived by Female College Students - Master's thesis, University of Florida, 1974.

Body Composition of Junior College Students - Independent Undergraduate Student Research, University of Florida, 1973.

## **PUBLICATIONS:**

### Books, Book Chapters, Monographs:

Ash, Carol R. and Varnes, Jill W (2002), GatorSHADE Sun protection program at the University of Florida, book chapter (invited) in Jennings-Dozier, K., and Mahon, S.M., Cancer Prevention, Detection and Control, Oncology Nursing Society, Pittsburgh, PA, pp.779-789.

Getchell, L.H., Pippin, G. and Varnes, J. (1996), Perspectives on Health, third edition, School Division-D.C. Heath, Lexington, MA. (high school health text, 748 pages)

Varnes, J.W., Gamble, D., and Horodyski, M.B., Editors, (1995) Proceedings 38th World Congress, International Council for Health, Physical Education, Recreation, Sport and Dance, Reston, VA. (367 pages)

Varnes, J.W., (1994, December), The worksite perspective. In Pigg, R.M. (ed) Ethical issues of scientific inquiry in health science education The Eta Sigma Gamma monograph series, 12(2), 80-89.

Getchell, L.H., Pippin, G. and Varnes, J. (1994), Perspectives on Health, second edition, School Division-D.C. Heath, Lexington, MA. (high school health text, 768 pages).

Varnes, J. W. and Gamble, D.J. (1994), Youth at Risk: Violence in Society, book chapter (invited) in Varnes, P., Cato, B., Gray, H., and Nelson, D., (eds) Youth at Risk. American Association for Leisure and Recreation/AAHPERD, Reston, VA. pp. 38-43.

Varnes, J. (1994) Preservice Education, book chapter (invited) in Cortese, P. and Middleton, K. (eds) The Challenge for Comprehensive School Health Education, ETR Associates, Santa Cruz, CA. pp.

Getchell, L.H., Pippin, G. and Varnes, J. (1992), Perspectives on Health, first edition, School Division-D.C. Heath, Lexington, MA. (676 pages).

Heimendinger, J., Thompson, B., Ockene, J., Sorensen, G., Abrams, D., Emmons, K., Varnes, J., Eriksen, M., Probart, C., Himmelstein, J. (1990), "Reducing the risk of cancer through worksite

intervention," book chapter in Occupational Medicine: State of the Art Reviews. Hanley and Belfus, Inc. Philadelphia, pp. 707-723.

Varnes, J.W. (1989) Teacher's Guide: Understanding Aids, Houghton-Mifflin Company, Boston, MA. (38 pages)

Anspaugh, D., Ezell, G., Rienzo, B., Varnes, J., and Walker, H., (1989) "Health Aspects of Aging" (invited) chapter in Leslie, D.K. (ed), Mature Stuff, American Alliance for Health, Physical Education, Recreation and Dance, Reston, VA., pp. 23-44.

Lafferty, G.F., Varnes, J.W., Paul, T. and Radovich, F. (1988) Wellness: Promoting Positive Lifestyles, Hunter Publishing Company, Winston-Salem, (484 pages.)

Getchell, B., Pippin, G. and Varnes J.(1987), Health, Houghton-Mifflin Company, Boston, minor revisions, new copyrights 1989 and 1990 (High school health text, 575+ pgs.).

Lafferty, G.F., Rienzo, B.A. and Varnes, J.W. Living Well, Hunter Publishing Company, Winston-Salem, 1983, (400 pgs.)

#### Manuals, Technical Reports:

Varnes, Jill W. (August 2003) Response to the Visiting Committee Report, Reaffirmation of Accreditation by the Southern Association of Colleges and Schools – Commission on Colleges.

Varnes, Jill; Cheek, Jimmy; McCollough, Andy; et.al. (April 2003) Global UF: Reaffirmation of Accreditation, Volume I: Southern Association of Colleges and Schools – Commission on Colleges Compliance Report, 2001 – 2002 Self-Study.

Varnes, Jill; Jett, Dennis; Frazier, Lynn; et.al. (April 2003) Global UF: Reaffirmation of Accreditation, Volume II: Southern Association of Colleges and Schools – Commission on Colleges Internationalizing the University of Florida.

Gold, R.; Gottlieb, N.; Parcel, G. and Varnes, J. (1999) Technical Report submitted to Texas A&M University upon review of the health education program.

Weiler, R.M. & Varnes, J. (June 1998). Integrating Subject Matter Competencies for Florida's PreK-12 Health Education Teachers. Resources in Education, ED420-658.

Morris, H., Varnes, J. & Gettman, L. (1998). Technical report submitted to Arizona State University upon review of the Exercise Science graduate programs.

Varnes, J. (1998). Technical report submitted to Baylor University Graduate School upon review of the Baylor Department of HPER graduate programs.

Varnes, J.W. and Weiler, R.M. (June 1997) The Development of Subject Matter Competencies for Florida's PreK-12 Health Education Teachers. Submitted to the Education Standards Commission, Florida Department of Education.

Varnes, J. and Probart, C.K. (1993) Technical Report: Summary of progress and activities 1992-93 for National Institutes for Health/National Cancer Institute project # CA51687-02.

Varnes, J. and Probart, C.K. (1992) Technical Report: Summary of progress and activities 1991-92 for National Institutes for Health/National Cancer Institute project # CA51687-02.

Varnes, J. and Probart, C.K. (1991), Technical Report: Summary of progress and activities 1990-91 for National Institutes for Health/National Cancer Institute project # CA51687-02.

Varnes, J. and Probart, C.K. (1991), Technical Report: Working Well Worksite Feedback Reports for GTE of Florida. Analysis of baseline data obtained from survey of over 4000 employees in 24 worksites. Prepared for GTE South Corporation.

Varnes, J. and Probart, C.K. (1990) Technical Report: Summary of progress and activities 1989-90 for National Institutes for Health/National Cancer Institute project # CA51687-02.

Varnes, J.W. (1988), Report of findings of compliance with Florida's Clean Indoor Air Legislation to the American Lung Association of Florida.

Varnes, J.W. (1985, May) Growing Healthy In-service Training Manual for K-3 Teachers, American Lung Association, New York, NY. (304 pages)

Varnes, J.W. (1984) Results of the comparison of a 3 day in-service program versus 5 day for the Growing Healthy K-3 grade levels to the American Lung Association.

## **JOURNAL PUBLICATIONS:**

### Refereed:

Calderon, K.S., and Varnes, J.W. (2001) Taking a step back: Developing interventions within a mediaing-variable framework. American Journal of Health Studies,17, 129-137.

Beiner, L., Glantz, K., McLerren, D., Sorensen, G., Thompson, B., Basen-Enquist, K., Linnan, L., Varnes, J., for the Working Well Research Group (1999). Impact of the Working Well Trial on the worksite health environment. Health Education and Behavior, 26, 478-494.

Stouffer, K. & Varnes, J. (1998). Violence in the workplace: Implications for health promotion. Journal of Health Education, 29, 140-143.

Patterson, R.E. Kristal, A.R., Beiner, L., Varnes, J.W., Feng, Z. et al for the Working Well Research Group (1998). Durability and diffusion of the nutrition intervention in the Working

Well Trial. Preventive Medicine, 27, 668-673.

Heimendinger, J., Feng, Z., Emmons, K., Stoddard, A., Kinne, S., Beiner, L., Sorensen, G., Abrams, D., Varnes, J., and Boutwell, B. for the Working Well Research Group, (1995). The Working Well Trial: Baseline Dietary and Smoking Behaviors of Employees and Related Worksite Characteristics, Preventive Medicine, 24, 180-193.

Abrams, D.B., Boutwell, W.B., Grizzle, J., Heimendinger, J., Sorensen, G., and Varnes, J. for the Working Well Research Group (1994), Cancer control at the workplace: The Working Well trail, Preventive Medicine, 23, 15-27.

Ennis, E., Guyer, L., Roderick, G., and Varnes, J. (1994) Prevalence of raw oyster consumption in individuals at high risk for *vibrio vulnificus* infection, Journal of the American Dietetics Association, 94, 312-314.

Varnes, J. (1994, Winter) It's time to change those nutrition lesson plans. Florida Journal of Health, Physical Education, Recreation, Dance and Driver's Education, 32(1), 22-26.

Varnes, P.R. and Varnes, J. W. (1993) Poison on the range, Parks and Recreation, 28(8), 58-61.

Chen, W.W., Dorman, S., Rienzo, B., Varnes, J., Ludwigsen, K., D'Annunizio, D. and Hocker, A. (1991) Impact of a continuing health education in-service program on teacher competencies. Health Education, 21(6), 8-11.

Hale, C. and Varnes, J. (1990, Fall) Recruiting adult learners for community education classes: A theoretical model, The Eta Sigma Gamman, 1(21), 24-27.

Varnes, J., Bolin, S., Waters, M., and Beach, K. (1989) Health education teacher certification in the United States. Health Education, 20(4), 8-10.

Varnes, J.W. (1988, Fall) New teacher certification requirements for health education. Florida Journal of Health, Physical Education, Recreation and Dance, 26(3), 26.

Varnes, J.W., and Chen, W. (1988, Fall), Development of a teacher certification exam for health education. Florida Journal of Health, Physical Education, Recreation and Dance, 26(3), 27-28.

Varnes, J.W. and Chen, W. (1988) Certification of health educators: The Florida model, Journal of School Health, 56, 71-72.

Hale, C. and Varnes, J. (1987, Winter) To be a reasonably prudent person. Florida Journal of Health, Physical Education, Recreation and Dance, 25(2), 26-27.

Varnes, J. (1985, Spring/Summer) Position wanted: Health educator...." The Eta Sigma Gamman, 17(1), 23-35.

Varnes, J. and Crone, E. G. (1980) Teaching life-saving skills to Florida's students," Health

Education, 10(3), 39-41.

Proceedings and/or published abstracts:

Varnes, J., Miller, M.D., Probart, C., Schapira, D., and Luria, W. (1995, July) Increasing sun protective behaviors in at-risk workers. In Varnes, J.W., Gamble, D. and Horodyski, M.B. (eds) Proceedings 38th World Congress, International Council for Health, Physical Education, Recreation, Sport and Dance.

Sorensen, G., Abrams, D., and Varnes, J. (1994, October) Cancer control in the worksite: The working well trial. Proceedings 122nd Annual Meeting American Public Health Association, Washington, D.C.

Kinne, S., Beiner, L., and Varnes, J. (1994, October) The working well trial: Efficacy in producing organizational change. Proceedings 122nd Annual Meeting American Public Health Association, Washington, D.C.

Hale, C., Varnes, J., Dorman, S., and Sutherland, M. (1994, February) Health Education professional practice: An exploratory analysis. Proceedings Southern District Research Section.

Biener, L., Kinne, S., Varnes, J. and Linnan, L., (1992, November) Effects of Job Strain on Worker Compensation Rates, Productivity and Morale," Stress in the 90's: A changing workforce in a changing workplace. Proceedings American Psychological Association/National Institute for Occupational Safety Health conference, Washington, D.C.

Varnes, J.(1992, December) Violence in our schools: Strategies for prevention, Adolescent Health Concerns Conference, National School Health Association and the National Health Education Association, Taiwan, Republic of China.

Varnes, J., Hunt, M. K., and Probart, C. (1991, November) Operationalizing theory into practice: Working Well interventions. Proceedings 119th Annual Meeting American Public Health Association, Atlanta, GA.

Varnes, J. and Anspaugh, D. (1989, February) "Violence Prevention for Adolescents." Southern District AAHPERD Proceedings, Winston-Salem, N.C.

Varnes, J. (1988, March) "The Teacher's Role as Counselor: How far to go and how will I know?" Southern District AAHPERD Proceedings, Little Rock, AR.

Varnes, J. (1988, March) "Drug Interactions and Elderly," Southern District AAHPERD Proceedings, Little Rock, AR.

Varnes, P. and Varnes, J. (1985, June) "Certification of Professionals," 28th ICHPER World Congress Proceedings, London, England.

Varnes, J. and Varnes, P. (1985, June) "The Health and Fitness Revolution in the Workplace,"

28th ICHPER World Congress Proceedings, London, England.

Hall, L. and Varnes, J. (1985, February) Leisure and Health, 1984 Southern District AAHPERD Proceedings Biloxi, Mississippi.

Varnes, J. (1979) "The school health curriculum," International Congress for Health, Physical Education and Recreation Abstracts, Scientific Committee of ICHPER (editor), Kiel, Germany.

Non-Refereed and Miscellaneous:

Varnes, J. (March/April 1999) President's Message: Achieving our future, UPDATE, p.2.

Varnes, J. (January/February 1999) President's Message: Rekindle forgotten enthusiasm in Boston, UPDATE, p.2.

Varnes, J. (November/December 1998) President's Message: Education the open sesame of Wellness, UPDATE, p.2.

Varnes, J. (September/October 1998) President's Message: An example of going the distance, UPDATE, p.2.

Varnes, J. (July/August 1998) President's Message: Professionalism, love, and responsibility, UPDATE, p.2.

Varnes, J. (May/June 1998) President's Message: Taking the challenge, UPDATE, p.2.

Varnes, J. (1995, September) President's Message. Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1995, May) President's Message. Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1995, January), President Elect's Message. Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1994, September) President Elect's Message . Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1994, May) District Representative Reports to Members. Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1994, January) District Representative to AAHPERD Report to Members. Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1993, September) District Representative to the American Alliance Report to Members. Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1993, May) Update on the Southern District Leadership Conference, Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1993, May) District Representative to AAHPERD Report to Members, Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1993, January) District Representative to AAHPERD Report to Members, Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1992, September) District Representative's Report to Members, Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1992, May) The Southern District Leadership Conference, Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. and Graham, B. (1992, Spring) "Alumni Survey Gives College High Marks," Performance, College of Health and Human Performance newsletter.

Varnes, J. (1992, January) District Representative Report to Members, Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1991, September) District Representative's Report to Members, Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, J. (1991, September) Update on Alliance Restructure, Southern Links the official newsletter of the Southern District of the AAHPERD.

Varnes, P. and Varnes, J. (1986, February) The Certification Process - Implications for FAHPERD, Florida Journal for Health, Physical Education, Recreation and Dance, 24(1), 8.

Varnes, J. and Varnes, P. (1984, May), Proposition One, Florida Journal for Health, Physical Education, Recreation and Dance, 22(1), 7.

Williams, C., Varnes, J. et al. (1984, February) Physical Education Requirements: FAHPERD Recommendations for Content Specificity, Florida Journal for Health, Physical Education, Recreation and Dance, 22(2), 5-6.

Varnes, J. (1983, May) Health Matters: Anorexia Nervosa: Implications for Teachers, Florida Journal for Health, Physical Education, Recreation and Dance, 21(2), 10-11.

Varnes, J. (1983, Spring) Undergraduate and Graduate Programs at the University of Florida, Florida Public Health Association Newsletter, p.3.

Varnes, J. (1982, May) President's Message, Florida Journal for Health, Physical Education, Recreation and Dance.

Varnes, J. (1982, February) President's Message, Florida Journal for Health, Physical Education, Recreation and Dance.

Varnes, J. (1981, October) President's Message, Florida Journal for Health, Physical Education, Recreation and Dance.

Varnes, J. (1981, May) Comprehensive Health Education, Florida Journal of Health, Physical Education, Recreation and Dance, 19(2), 9-10.

Fagerberg, S. and Varnes, J. (1979, November) Comprehensive Health Services and Florida Schools, Florida Journal for Health, Physical Education and Recreation, 17(4), 10.

Wilson, J. (1977, Fall) To Your Health: Safety at Home, September Days, p.8.(published by Days Inn for their senior's club members)

Wilson, J. and Wilson, P. (1975, May) Body Composition of Junior College Students, Florida Journal for Health, Physical Education and Recreation, 13(2), 12-13.

Wilson, J. (1974, May) The Feminine Image, Florida Journal for Health, Physical Education and Recreation, 12(2), 8-9.

### **PEER REVIEWER/EDITORIAL BOARDS/EDITOR**

Editorial Board/Peer Reviewer:

American Journal of School Health  
Florida Journal for Health, Physical Education,  
Recreation and Dance  
Journal of Health Studies

Expert Panel Member, Society of State Directors of HPER Coordinated School Health and the relationship to student achievement. March 5-6, 2008, Reston, VA.

Reviewer, Louisiana Board of Regents (2005) Research and Development Program research proposals (2) – Louisiana Fall Prevention Project; Wellness through Intergenerational Lifestyle Development Research .

External Reviewer, (2005) Promotion of Dr. Jan Richter, University of Arkansas, Medical Sciences Center.

External Reviewer, (2004) Promotion of Dr. Danny Ballard, Texas A&M University.

Reviewer, Louisiana Board of Regents (2004) Research and Development Program research proposal – Fall Prevention Project.

Reviewer, Centers for Disease Control – Atlanta (2003) School Based Wellness project.

External Reviewer, (2003) Tenure and Promotion of Dr. Ranjita Misra, Texas A&M University.

External Reviewer, (2003) Promotion of Dr. M. Christine Nagy, University of Alabama.

External Reviewer, (2002) Tenure and Promotion of Dr. Sarah Price, Oklahoma State University

External Reviewer, (2000) Tenure and Promotion of Dr. A. Goodson, Texas A&M University

External Reviewer, (1999) Tenure and Promotion of Dr. Danny Ballard, Texas A&M University.

External Reviewer, (1998) Tenure and Promotion of Dr. Betty Edgely, Oklahoma State University.

Reviewer - American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), AAHE Research Section Abstracts for Research Presentations and Poster Sessions, 1996 AAHPERD Convention, Atlanta GA.

Reviewer - American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), AAHE Research Section Abstracts for Research Presentations and Poster Sessions, 1994 AAHPERD Convention, Denver, CO.

Reviewer - American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Research Consortium Abstracts for Free Communication Papers, 1993 AAHPERD Convention, Washington, D.C.

Reviewer - American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Research Consortium Abstracts for Free Communication Papers, 1992 AAHPERD Convention, Indianapolis.

Reviewer - AAHPERD Research Consortium Abstracts for Free Communication Papers, 1991 AAHPERD Convention, San Francisco.

Reviewer - AAHPERD Research Consortium Abstracts for Free Communication Papers, 1990 AAHPERD Convention, New Orleans.

Reviewer, AAHPERD Research Consortium Abstracts for Free Communication Papers, 1989 AAHPERD Convention, Boston.

Reviewer - Research reports, area of Health Education for the Research Council of the Southern District AAHPERD for Birmingham, Alabama, 1987, SDAHPERD convention.

Editor - Performance, College Health and Human Performance Alumni Magazine, 1997, 1998, 1999.

Editor - Performance, College of Health and Human Performance Newsletter: Spring 1990, Spring 1991, Spring 1992, Spring 1993.

### **ERIC DOCUMENTS**

Weiler, R.M. & Varnes, J. Integrating Subject Matter Competencies for Florida's PreK-12 Health Education Teachers. Document # ED420658.

Hale, C. and Varnes, J., "Assessing School Emergency Care Preparedness," Document # 028164

Varnes, J.W., and Chen, W.W., A Registration/Certification Process for Health Educators in the State of Florida. Document # 291673

Varnes, Jill and Whiddon, N. Sue, Development of subject area teacher certification examinations. Document # TM019409.

### **CREATIVE ACTIVITIES**

GatorSHADE Fourth Grade Sun Protection Program. On – Line, <http://www.gatorshade.ufl.edu/>

GatorSHADE Forth Grade Sun Protection Curriculum including the Sun Scoop Video, with Dr. Carol Reed Ash, College of Nursing.

Policy Makers in Session: Issues in Health Care Reform Video, a joint project of the American Association for Active Lifestyles and Fitness and the Southern District AAHPERD. Distribution to state and district AAHPERDs for use with policy makers to support appropriate legislation for prevention focused activities and programs. Video concept, and script were developed by Jan Seaman and Jill Varnes; actual production was contracted to Video Business Works. Funding (\$5000.00) for the project was obtained through an advocacy grant from the AAHPERD, (October, 1995).

Co-creator with Dr. Carol Reed Ash of the GatorSHADE community intervention to increase awareness of skin cancer and methods of prevention. GatorSHADE, the logo and the name are now trademarked and licensed through the University's office of licensing and technology. All royalties from GatorSHADE products go to support cancer prevention activities (1994; licensed in 1995).

College of Health and Human Performance, 13 minute video used for graduate and undergraduate student recruitment. Scripted and directed production (1990).

School Health Curriculum slide tape production which has been distributed nationally via the Florida Lung Association and the Bureau of Health Education, Center for Disease Control in Atlanta, (1978).

Co-produced the Comprehensive Health Education Demonstration Model informational slide

tape presentation. Has been utilized at various state and national meetings, (1978).

**CONSULTANTSHIPS:**

Worksite Health Promotion/Wellness

Centers for Disease Control, Michael Schmoyer, summer 2005. Provided direction and creative ideas as well as economic impact information related to school based wellness programs. Provided additional contacts for the refinement of a “how to” manual for national distribution.

Governor’s Task Force on Obesity, December 2, 2003, Florida Department of Health, Worksite and Community Wellness – Economic Cost of Obesity.

Avon Park Hospital, Implementation of wellness center, Ms. Anita Hays, June, 1992. Provided information and print materials on the implementation process, including building administrative support and involving the target population.

Florida Atlantic University Office of Academic Affairs, consultant to review relationship of Institutional Review Board to research activities in Exercise Science/Wellness, College of Education, March, 1990.

Tulane University, New Orleans, Development of a campus wide wellness program for faculty, staff and students. Site visit and interview with faculty and administration. Provided information on the process of implementation, May, 1989.

GTE of Florida, Client satisfaction survey and recruitment strategies, provided suggestions and materials to staff as to effective ways to survey participants and non participants. Strategies to emphasize strengths of program in recruiting. December 20, 1988.

Georgia Pacific Corporation, Planning and implementation of an Employee Health Fair for Hawthorne, Florida plant. Served on the planning committee, assisted at the fair personally, and provided students opportunity to participate, Fall 1988.

Pasco County Health Department, Employee Wellness Program Development, provided guidance and materials to assist in the development of the program, met with planning committee, February - September, 1988.

Jacksonville State College, Jim Reynolds, Employee Wellness Programs, provided information and direction in the development of a campus wellness programs targeting faculty and staff, November, 1986.

Requests for information on worksite wellness or executive fitness programs provided written materials, telephone consultations:

Baptist Medical Center, Mr. Kevin Clair, Birmingham, AL, Spring, 1985.

Mount Sinai Sports Medicine Center, Dr. C.W. Zauner, Miami, FL, Spring 1985.

Putnam Community Hospital, Ms. Norma Benson, Palatka, FL, Summer, 1985.

### Public Schools/Curriculum and Teacher Certification

Bay County School System, Fran Bullock, Health Education Supervisor: Incorporating Wellness concepts into the School Improvement Plan, October 13, 1994.

Pennsylvania State University, Department of Human Nutrition, Dr. B. Shannon and Ms. V. Bernardo, Teacher Certification in the United States; specifically requirements for nutrition education. May, 1990.

Sumter County Schools, Development of a comprehensive health education grant to be submitted to the Florida Department of Education, April, 1989. (funds were granted)

Indian River County Schools, Implementation of Growing Healthy, provided information on how to obtain funds and develop community coalition to implement K-5 health program, June, 1988.

Florida Department of Education, Comprehensive Health Education K-12 Grant Proposal Technical Assistance Paper, worked with DOE staff to develop guidelines and instructions for school based personnel to facilitate grant development to fund school health programs, April 1988.

Sumter County Schools, Program development, K-12 Comprehensive Health Education program, worked with parents, and school personnel, over the course of the academic year to revise K-12 school health program. Resulted in new curriculum guide, and policy statement for comprehensive school health education, 1987-88.

Highlands County Schools, Review and revise K-12 Comprehensive health Education program, worked with teachers and school based administrators directing the review and subsequent revision of health curriculum, 1987-88.

Alachua County Schools, Drug Free Schools Grant - Program design and development, worked with school and administrative personnel to develop drug free schools grant proposal, January, 1987.  
(proposal was funded)

Louisiana Professional Health Educators, Gaining Support for Comprehensive Health Education, New Orleans, met with committee to identify legislative strategies to gain support for comprehensive school health education programs, July, 1986.

Florida Department of Education, Life Management Skills curriculum frameworks, worked with school based personnel from across the state to develop curriculum frameworks for high school health courses, March, 1986.

Florida Department of Education/Florida Alcohol and Drug Abuse Council, curriculum

development, provided correlation for Florida's K-8 alcohol and drug abuse objectives with Growing Healthy, October-December, 1985.

Florida Department of Education, middle school health frameworks, worked with professionals from across the state to identify age appropriate objectives for middle school health programs, October, 1985.

Sarasota County Schools, curriculum development for K-5, review and revision of elementary health curriculum, in consultation with district supervisor and school based committee, April, 1985.

Marion County Schools, Life Management Skills course development, worked with school personnel and district level administration to identify resources and develop curriculum guide, December, 1984.

Portland City Schools, Portland, Maine, health education inservice for K-3 teachers, training coordinator for Growing Healthy program, September 13-14, 1984.

Florida Department of Education, facilitator for the development of curriculum framework for Florida secondary schools, July 15-17, 1984.

Florida Department of Education, requirements for technical assistance from the DOE health education consultant, 1984.

Alachua County Schools, Florida; School Health Education Program, grades 1, 5 and 6. Worked with the district level coordinator to plan an inservice program for teachers, Spring, 1984.

Marion County Schools, Florida, review of elementary classroom visitations with health education coordinator. Site visits were conducted to assess effectiveness of health program implementation using a checklist designed for this purpose, January, 1984.

Alachua County, Florida, School Health Services Department, identification and development of materials to educate children about the problem of head lice, June, 1983.

Mexico Department of School Health, on-site review of health education programs and facilities in Mexico City at the request of the Mexican Minister of Health, hosted by Andres DeWitt, M.D., Deputy Minister; Feb. 22 - 27, 1982.

North East Florida Educational Consortium, Project SHIP, technical review of teacher and student sexuality transmitted diseases education module, review and written comment, April, 1981.

North East Florida Educational Consortium, Project SHIP, technical review and comment on teacher and student First Aid/Safety education module, February, 1981.

Pinellas County Public Schools, Florida--Development of a Comprehensive Health Education

Curriculum for Secondary School students, worked with school based personnel to identify resources, develop appropriate objectives, and write curriculum, 1980-81.

Marion County Public Schools, Florida--Development of a Family Life Education Curriculum for eighth grade, worked with school based personnel to identify resources, review and write age appropriate curriculum using the format used in Growing Healthy, 1980-81.

Alachua County Public Schools, Florida--Development of a Growth and Development Curriculum for fifth grade, provided written review on curriculum developed by parent and teacher committee, 1980-81.

North-East Florida Educational Consortium, Project SHIP, technical review of teacher and student Nutrition Module, provided review and written comment, February 18, 1980.

Gulf Coast Health Systems Agency, Florida, School Health Programs in Florida, on site consultation to provide examples of effective school health programs in the state, January, 1980.

North East Florida Educational Consortium, Title IV-C Project Secondary Health Implementation Project, consultation in the development of instructional modules in various health content areas, October 1979 - February 1980.

Muskogee County School System, Columbus, GA, Title IV-C Program, Health Education Through Science, onsite curriculum review, suggestions for effective integration, January 10, April 18, 19, 1979.

Alachua County School System, Gainesville: Health Education Task Force, worked with a committee of school based personnel and parents to facilitate inservice programs for teachers, January 17, February 15, April 12, May 8, 1979; 1980-83.

Coordinator, Council on Teacher Education, Health education specialization study; Florida Department of Education, Tallahassee, Florida. Completed April, 1979.

Marion County School System, Ocala, Florida, School Health Education Curriculum, Seattle and Berkeley Models, served as a consultant to district personnel and to the American Lung Association of Florida to facilitate inservice program, March 12, 1979.

Polk County School System, Ocala, Florida, Competency Based Health Education Program, site visit to review program designed for out of field teachers to gain competence in health instruction, January 9, 1979.

Glades County Schools, Florida, School Health Curriculum, Berkeley Model, review of instructional materials to identify resources to support implementation of the school health curriculum, (grades 4-6); October, 1978.

Marion County School System, Ocala, Florida; Health Education Curriculum, Seattle and Berkeley Models, facilitated inservice training, October 16, December 4, 1978.

Polk County School System, Bartow, Competency-based health education programs, review of program being developed for out of field teachers to obtain competence in the area of health instruction, October 13, 1978.

### Older Adults Health and Fitness

West Virginia University, Morgantown, School of Physical Education; health and fitness knowledge testing of older adults, requested copy of test developed in dissertation and information on process of testing older adults, December, 1978.

Poderosoa Lodge, Kamloops Intermediate Care Unit, Kamloops, British Columbia, Canada; health and fitness programs for the elderly, telephone and written consultation regarding effective programming for older adults, November, 1978.

University of Alabama, Tuscaloosa, College of Education, Department of Health, Physical Education and Recreation; health and fitness knowledge testing of older adults, provided copy of test and instructions for administration, November, 1978.

University of Virginia, Charlottesville, School of Education, Department of Health and Physical Education; Health and Fitness Programming for older Adults, provided verbal and written information on effective programming for older adults, September, 1978.

Southern Mississippi Planning and Development District, Gulfport, Mississippi; Health and Fitness Knowledge status of the elderly, provided recommendations to the council based upon recently completed study of older adults in southern Mississippi, July, 1978.

Mississippi Council on Aging, Health and Fitness programs for the aged, provided documentation of need for additional assessment in the areas of health and fitness based upon preliminary review of data obtained in pilot study on elderly Mississippi population, January, 1977.

### Miscellaneous

American Cancer Society, Coordinated School Health Program Design Team, October 1998 – 2000.

Wm.C. Brown Publishers, provide expert comment on chapters of Health Promotion and Wellness, a work (text) under consideration by Brown for publication. August, 1990.

IOX Assessment Associates, National Content Determination Panel for the Content Mastery Examinations for Educators Examination, July, 1989. Evaluation of identified content and objectives in the area of health.

West Publishing Company, provide expert comment on Life Choices, personal health text for college level.

Manatee Community College, Florida. Degree Program in Occupational Health Education, met with representatives of MCC to discuss feasibility of department offering a BS degree program as an extension program, after careful consideration it was deemed not feasible at the time, February 9, 1983.

Lafayette County Public Health Department Florida, Planning a Community Health Fair, assisted with planning, implementation and staffing, March 22, 1982.

Mosby Publishing Company, provide written comment on proposed elementary health education textbook, March, 1981. Pollock & Middleton's, Published 1984.

Addison-Wesley Publishing Company, development of a personal and family health text, review and written comment, February, 1979.

Book Review, provided written comment and suggestions for enhancement, Friis, Robert, Epidemiology, Mayfield Publishing Company, Palo Alto, California, March, 1979.

### **PRESENTATIONS/WORKSHOPS/INSERVICE TRAINING:**

\*denotes presenter(s) if multiple authors listed

Presentation: \*Haun, J., Johnson, B., Rienzo, B., Varnes, J. (November 4-8, 2006). *An Investigation of the spiritual health status of an undergraduate university population.* American Public Health Association Meeting in Boston, MA.

Presentation: Kiwanis, November 2, 2005, NCAA Faculty Athletics Representative: What the "FAR" Really Does, Gainesville, FL.

Presentation: Rotary, July 26, 2005, Roles and Responsibilities of the NCAA Faculty Athletics Representative, Lake Butler, FL.

Presentation: AAHPERD Convention, April, 2005, On the Go – Web Based Walking Program, Chicago, IL.

Presentation: AAHPERD National Student Leadership Conference, October 2004, *The Zookeeper: Herding cats and other independent animals.* Camp AASSCA, Jackson Gap, AL (invited)

Presentation: Southern District Leadership Conference, July 27, 2004, *Think Change*, Little Rock AK (invited)

Presentation with Lynn Frazier: Southern Association of Colleges and Schools – Commission on Colleges, December 2003, *QEP* .... Nashville, TN (referred)

Presentation: University of Florida Women's Leadership Conference, February 10, 2002,

*Gemstones: The self and other discovery experiences*, Gainesville, FL (referred).

Presentation: AAHPERD National Student Leadership Conference, October 20, 2001, *Professionalism*, Camp AASSCA, Jackson Gap, AL (invited).

Presentation: Southern District AAHPERD Student Leadership Conference, October 20, 2000, *What you don't know about nutrition...*, Camp AASSCA, Jackson Gap, AL.

Presentation: Southern District AAHPERD Convention, February 19, 1999, *Personal marketing skills*, Greensboro, NC (invited).

Keynote Address: Midwest District AAHPERD Convention, February 11, 1999, *Dare to change*, Huntington, WV (invited).

Awards Banquet Speaker: Texas AHPERD Convention, December 3, 1998, *Appreciating the past and mentoring the future*, Houston, TX (invited).

Presentation: Virginia AHPERD Convention, November 7, 1998, *Marketing your profession: Advocacy skills*, Hampton, VA. (invited).

Awards Banquet Speaker: Iowa AHPERD Convention, November 13, 1998, *Taking the challenge to go the distance*, Des Moines, IA (invited).

General Session Keynote with Mike Davis: Wisconsin AHPERD, October 29, 1998, *Using the Surgeon General's report to promote physical activity and health*. Oshkosh, WI (invited).

Awards Banquet Speaker: Florida AHPERD Convention, October 16, 1998, *Come fly with us*, Daytona Beach, FL (invited).

Keynote Address: Oklahoma AHPERD Convention, October 8, 1998, *Creating Pathways*, Oklahoma City, OK (invited).

Presentation: Oklahoma AHPERD Convention, October 8, 1998, *Stress management for educators*, Oklahoma City, OK (referred).

Presentation: \*Varnes, J., Miller, M.D., Probart, C.K., and Luria, W., Increasing sun protective behaviors in at-risk workers. 38th World Congress of the International Council for Health, Physical Education, Recreation, Sport and Dance, July, 1995, Gainesville (referred).

Presentation: \*Sorensen, G., Abrams, D., and Varnes, J. (1994, October) Cancer control in the worksite: The working well trial. The 122nd Annual Meeting American Public Health Association, Washington, D.C. (referred)

Presentation: Kinne, S., \*Beiner, L., and Varnes, J. (1994, October) The working well trial: Efficacy in producing organizational change. The 122nd Annual Meeting American Public Health Association, Washington, D.C. (referred)

Presentation: \*Varnes, J. presented for Feng, Z., Grizzle, J. and Stoddard, A., Statistical issues in the working well research trial. The 122nd Annual Meeting American Public Health Association, Washington, D.C. (referred)

Presentation: \*Heimendinger, J., \*Linnan, L., and \*Varnes, J., The Working Well Trial, American Alliance/Association for the Advancement of Health Education. April, 1994, Denver, Colorado, (referred)

Presentation: Worksite Health Promotion Strategies, Southern District AAHPERD, February, 1993, Dallas, TX (referred)

Presentation: Prevalence of School Based Violence and Strategies for Prevention, Northeast Educational Consortium, December, 1992, Gainesville, FL (invited)

Presentation: \*Biener, L., Kinne, S., Varnes, J. and Linnan, L., Effects of Job Strain on Worker Compensation Rates, Productivity and Morale, Stress in the 90's: A changing workforce in a changing workplace. American Psychological Association/National Institute for Occupational Safety Health Conference, Washington, D.C., November 1992 (referred)

Teacher In-service: Hillsborough County Schools, Violence Prevention Strategies. Tampa, FL., February, 1992 (invited)

Presentation: Violence in Our Schools: Strategies for Prevention. Adolescent Health Concerns Conference, Taipei, Taiwan, R.O.C., December, 1991 (invited)

Presentation: \*Varnes, J., Hunt, M.K. and Probart, C.K., Operationalizing Theory Into Practice: Working Well Educational Interventions, American Public Health Association, November 13, 1991, Atlanta, GA (referred)

Teacher In-service: Hernando County Schools, Growing Healthy (K-5), June, 1991, Brooksville, FL.

Presentation: "Worksite Wellness." Health Promotion Specialist Training, Institute for Public Safety, June, 1991, Gainesville, FL (invited)

Presentation: "Attaining High Level Wellness." Parent's Day at the University of Florida, over 300 parents of incoming students, February 9, 1991, Gainesville, FL (invited)

Presentation: "Goal Setting to Achieve Success." Living Well Program Brown Bag Lecture Series, January 16, 1991, Gainesville, FL (invited)

Presentation: "Successful Grantsmanship 301." University of Florida Association for Women Faculty, Career Roundtables, November 29, 1990, (invited)

Presentation: "Living the Wellness Lifestyle." University of Tennessee at Chattanooga, Lecture

Series, October 11, 1990, Chattanooga (invited)

Keynote Address: "The Benefits of the Wellness Lifestyle." For the kick-off of the SHAPE program, a wellness program for the Girls Preparatory School (grades 6 - 12), October 12, 1990, Chattanooga, TN (invited)

Presentation: "Violence Prevention For Adolescents." North Carolina Health Education Leadership Conference, October 5 and 6, 1989, Reidsville, NC (invited)

Presentation: "A Violence Prevention Curriculum." Florida HPERD, Daytona Beach, October, 1989 (invited)

Presentation: "Implementing School Based Wellness Programs." Pre-conference program Association for Fitness in Business, Region 3 conference, May 11, 1989, New Orleans, LA (referred)

Presentation: "Effective Use of the DINE Nutritional Program in a Worksite Health Promotion Program", pre-conference program AAHPERD, April 19, 1989, Boston, MA (referred)

Presentation: "Violence Prevention for Adolescents," Marion County Schools, April 7, 1989, Ocala, FL (invited)

Presentation: "Counseling Skills for Teachers," Marion County Schools, April 7, 1989, Ocala, FL (invited)

Presentation: "Violence Prevention for Adolescents," Southern District Alliance for HPERD, February 24, 1989, Chattanooga, TN (referred)

Teacher In-service: "Substance Abuse Prevention," Bay County Schools, February 6-7, 1989, Panama City, FL (invited)

Presentation: "Wellness Awareness," Florida Association of College Stores, November 10, 1988, Gainesville (invited).

Presentation: "Violence Prevention Strategies for Adolescents," Santa Fe High School, Alachua County, August 25, 1988, Alachua, (invited)

Presentation: "Introduction to Growing Healthy," Sumter County Schools, August 12, 1988, Bushnell, FL (invited)

Presentation: "Violence Prevention Strategies for Adolescents," Sumter County Schools, August 12, 1988, Bushnell, FL (invited)

Presentation: \*Varnes, J. and Lee, D.D. Female Administrators in Health Education, How Are We Doing? Louisiana AHPERD March 17-19, 1988, New Orleans (referred)

Presentation: "Teaching Strategies in Health Education," Louisiana AHPERD, March 17-19, 1988, New Orleans (invited)

Keynote Address: "Solving the Puzzle, How the Pieces Fit," second General Session of the Louisiana AHPERD meeting, March 17-19, 1988, New Orleans (invited)

Presentation: "The Teacher as Counselor: How far to go and how will I know?" Student Section of the SDAAHPERD, March 6-9, 1988, Little Rock, AK (invited)

Presentation: "Medications and the Senior Citizen," Southern District AHPERD, March 6-9, 1988, Little Rock, AR (referred)

Session Facilitator: "Administrative Aspects of Cardiac Rehabilitation Programs," Cardiopulmonary Rehabilitation Symposium, February 22-25, 1988. Orlando.

Presentation: "Health Careers/Career Counseling," Florida Association of Professional Health Educators annual meeting, January 15, 1988, Cocoa Beach (invited)

Presentation: "The Health Teacher as Counselor," Innovative strategies, health education workshop, University of Georgia, June 22, 1987, Athens, Georgia (invited)

Presentation: "Overview of Growing Healthy," Florida AAHPERD/Department of Education summer workshop, June 19, 1987, Tallahassee (invited)

Teacher In-service: Alachua County Schools, Growing Healthy, August, 1987, Gainesville

Teacher In-service: American Lung Association, Growing Healthy/Teenage Health Teaching Modules, a K-12, State of Florida, August, 1987, Ocala, FL

Presentation: "Update: Florida's Registration/Certification Process," Florida Conference on School Health, Tampa, Florida, April 29, - May 1, 1987 (invited)

Presentation: "Introduction to Wellness," Florida Conference on School Health, Tampa, Florida, April 29, - May 1, 1987 (invited)

Presentation: "Improving Your Communication Skills," Region III, Association for Fitness In Business, Atlanta, Georgia, March, 1987 (invited).

Presentation: "The Future of my Discipline: Health Education," Second General Session Southern District AAHPERD, Birmingham, Alabama, March 1, 1987 (referred)

Teacher In-service: "Growing Healthy, K-5" Lee County Schools, Ft. Myers, Florida, February 2, 1987.

Presentation: "School Based Wellness Programs" Alabama AHPERD, Birmingham, Alabama, November, 1986 (invited)

Presentation: "The Emotional Aspect of Wellness," University of Florida Wellness Awareness Week, October 31, 1986 (invited)

Presentation: "The Registration/Certification Process in Florida," American School Health Association, Denver, Colorado, October, 1986 (referred)

Presentation: "The Concept of Wellness," Houghton - Mifflin Sales Meeting, Monterey, California and Williamsburg, Virginia, August, 1986 (invited)

Presentation: "Comprehensive Health Education - The Florida Story," Louisiana Health Educators, University of New Orleans, New Orleans, July, 1986 (invited)

Presentation: \*Varnes, J. and Chen. W.W., A Procedure for the Registration/Certification of Health Educators in the State of Florida," AAHPERD, Cincinnati, Ohio, April, 1986 (referred)

Presentation: Worksite Wellness in a University Setting, Southern District AAHPERD, Winston-Salem, N.C., February, 1986 (referred)

Presentation: "Health and Wellness for the Older Woman," First United Methodist Church Women, Gainesville, February 4, 1986 (invited)

Teacher In-service: School Health Curriculum, Grade 2 Workshop, Gainesville, Florida, February 17, March 3, 10, 1983.

Teacher In-service: School Health Curriculum, Grade 3 Workshop, Gainesville, Florida, January 20, 27, February 10, 1983.

Teacher In-service: School Health Curriculum, Grade K Workshop, Gainesville, Florida February 3, 10, 24, 1983.

Program Facilitator: Pinellas County Older American's Council, St. Petersburg, Florida Programming for the Black Aged, Sept. 30, 1982 (invited)

Teacher In-service: School Health Curriculum, Grade 4 Workshop, Gainesville, Florida, June 16 - 28, 1982.

School Food Service Workshop: Marion County Public Schools Florida, Nutrition Education for School Food Service Personnel, Jan. 28, 1982.

Teacher In-service: Marion County Public Schools Florida, Nutrition Education in Social Studies for middle school teachers, Nov. 18, 1981.

Teacher In-service: Marion County Public Schools Florida, Nutrition Education in Math for Middle School teachers, Nov. 9, 1981.

Teacher In-service: Marion County Public Schools Florida, Nutrition Education in Science, Middle School Teachers, Nov. 2, 1981.

Teacher In-service: Marion County Public Schools, Florida, Nutrition Education, Middle and High School Teachers, April 4, 1981.

Teacher In-service: Volusia County Public Schools Florida, Materials and methodologies in health education, Daytona Beach, December 2, 1980.

Teacher In-service: Pinellas County Public Schools Florida, Current Trends in Substance Abuse K-12, St. Petersburg, August 27, 1980.

Coordinator: School Health Curriculum Training Workshop K-3, grade 5, Alachua County, Florida, June 16-19, 1980.

Coordinator: School Health Curriculum Training Workshop Grade 4, Alachua County, Florida June 11-13, 1980.

Teacher In-service: Santa Rosa Public Schools Florida, Materials and methodology in health education K-12, June 10, 1980.

Teacher In-service: Volusia County Public Schools, Florida, secondary school teachers, Current trends in health education, April 28, 1980.

Presentation: "Health Education Teacher Competencies," Florida Association for Health, Physical Education and Recreation, October, 1979.

Presentation: "Primary Grades Health Curriculum Pre-Service," Florida Lung Association Public Service and Education Committee, Orlando, Florida, September, 1979.

Presentation: "The School Health Curriculum: Methods and Materials," Health Education Special Interest Area, International Congress on Health, Physical Education and Recreation, Kiel, Germany, July, 1979.

Presentation: "The School Health Curriculum," International Congress for Health, Physical Education and Recreation, Kiel, Germany, July, 1979.

Teacher In-service: "The Primary Grades Health Curriculum Program," Marion County, June, 1979.

Presentation: "A Competency-Based Health Education Certification Program," Health and Safety Section, Florida Association Health, Physical Education and Recreation Working Conference, October, 1978.

Presentation: "Florida's Comprehensive Health Education Program," Parenting and Teenage Pregnancy Summer Workshop, University of Alabama, Tuscaloosa, June, 1978.

Presentation: "What's Going On in Health Education," Florida Panhandle Health Education Resource Center, Board of Directors Workshop, June, 1978.

Teacher In-service: "Signposts for the Future: Comprehensive Health Education," Palm Beach County, December, 1977.

Presentation: "School Health Curriculum Project," Health Section, Florida AHPERD annual conference, October, 1977.

Presentation: "Comprehensive Health Education," Florida League of Middle Schools Conference, October, 1977.

Presentation: "The Marion County Success Story," Physical Education Section, Florida AHPERD conference, December, 1975.

Presentation: Female Role Images as Perceived by Female College Students, Research Section, Florida AHPERD conference, December, 1974.

Presentation: \*(Varnes) Wilson, J. and Wilson, P. Body Composition of Junior College Students, Research Section, Florida AHPERD conference, December, 1973.

### **PROFESSIONAL LEADERSHIP:**

Member, Southern District AAHPERD Constitution and Bylaws Committee, 2006-2009.

Member, American Association for Health Education, History Committee, 2005-2008.

Parliamentarian, Florida AHPERD Board of Directors, 2002-2004.

Chair, AAHPERD Awards Recognition Committee, 2002; Member, 2002-2005.

Member, American Association for Health Education Fellows Selection Committee, 2000-2004; Chair, 2001-2003.

Past-President, AAHPERD, 1999-2000.

Chair, AAHPERD Finance Committee, 1999-2000.

President, American Alliance for Health, Physical Education, Recreation and Dance, a professional organization of 30,000 national members and 40,000 members in state affiliated organizations. 1998-99.

Member, AAHPERD Finance Committee, 1997-99.

Member, SDAHPERD Human Resources Committee, 1998-99.

Member, FAHPE/FAHPERD Registry Committee for Health Educators, 1998-99.

President-Elect, American Alliance for Health, physical Education, Recreation and Dance, 1997-98.

Conference Manager, Southern District Leadership Conference, New Orleans, LA, August 1997.

Past President, Southern District American Alliance for Health, Physical Education, Recreation and Dance, 1996-97.

Chair, Southern District Finance Committee, 1996-97

Chair, Southern District Convention Site Selection 2001, 1996-97

Chair, Southern District Executive Director Evaluation Committee, 1996-97.

Chair, AAHPERD Executive Vice President Search Committee, 1996-97.

Member, AAHE Awards Committee, 1996-97.

Member, Association for the Advancement of Health Education/AAHPERD Awards Committee, 1995-97.

President, Southern District AAHPERD 1995 - 96.

Chair, ICHPER.SD Proceedings Committee 38th World Congress, 1995.

Chair, AAHPERD Nominating Committee, 1994-95.

President – elect, Southern District AAHPERD, 1994 – 95.

Member, International Council for Health, Physical Education, Recreation, Sport and Dance planning committee for 38th Congress to be held in July, 1995 at the University of Florida.

Member (non-voting) - American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Board of Governors, 1994 - 95

Secretary, University of Florida Phi Kappa Phi chapter, 1993 - 94.

Member AAHPERD finance committee, 1993-94.

Member Florida AAHPERD restructure committee, 1992-94.

Program Coordinator and Conference Manager Southern District AAHPERD, Leadership Conference '93, Teamwork 2000, June, 1993, Nashville, TN.

Program Coordinator and Conference Manager Southern District of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Leadership Conference '92, "Reaching Out..." June, 1992, Dallas, Texas.

Member (voting) - American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Board of Governors, 1991 - 94

Member - American Alliance for HPERD Restructure Committee, 1991 - 92.

Program Coordinator and Conference Manager Southern District AAHPERD Leadership Conference, "Capitalizing on our Diversity," Summer, 1991, Atlanta, Georgia.

Southern District Representative to the American Alliance for HPERD, 1991 - 94.

Member - Association for Worksite Health Promotion (formerly AFB) Fellows Selection Committee, 1991 - 94.

Member - AAHPERD Awards Committee, 1990 - 92.

Member - Florida Association of Professional Health Educators Archives Committee, 1991 - 93.

Member - Region 3, Association for Fitness in Business Long Range Planning Committee, 1991 - 92.

Member - Association for the Advancement of Health Education (AAHE) Awards Committee, 1990 - 92.

Member - Association for the Advancement of Health Education Board of Directors, 1989 - 92.

President - Association for Fitness in Business, Region III, 1988-90

Member Nominating Committee, Southern District AAHPERD, 1988-89.

Program Coordinator Southern District AAHPERD's 1989 Convention Chattanooga, Tennessee.

Past Vice President Southern District AAHPERD Health Division, 1988-89.

Chair - Nomination Committee, Region III Association for Fitness In Business, 1988.

Member Florida Association of Professional Health Educators constitution and bylaws revision committee, 1988.

President-elect Association for Fitness in Business, Region III, 1988.

Member - Association for Fitness in Business, Education Committee, 1987-88.

Chair - Staffing and student representation, Association for Fitness in Business, Region III annual conference, Atlanta, March 1987.

Vice President Southern District of the American Alliance for HPERD Health Division, 1987-88.

Member - Local Arrangements Committee, Association for Fitness in Business annual conference, Orlando, September, 1986.

Delegate - and Registration for the SDAAPERD Leadership Conference, September, 1986, Atlanta, Georgia.

Florida Representative - Association for Fitness in Business, Region III, 1986; 1987.

Member - SDAAPERD Taylor Dotson Award Committee, 1986-89; 1990 -93.

Delegate - Registration for the SDAAPERD Leadership Conference, September, 1987.

Member - SDAAPERD Constitution Committee, 1986-89.

Member - AAPERD Nominating Committee, 1986-87.

Vice-President elect - Southern District AAPERD Health Division, 1986-87.

Presider - SDAAPERD Health Division Program, Atlanta, Georgia, April, 1985.

Delegate - SDAAPERD Representative Assembly, Atlanta, Georgia, April, 1985.

Chair - Florida Association of Professional Health Educators Registration/Certification Committee, 1985-1986; 1986-1987; 1987-1988; 1989; 1992-95.

Chair - Florida Association of Professional Health Educators Committee to develop Registration/Certification procedures for health educators in the State of Florida, 1984-85.

Chair - FAAPERD Task Force to develop new teacher certification requirements for the State of Florida, 1984-86. (New standards accepted by the Education Standards Commission, Spring, 1986; approved State Board of Education, phased implementation completed July, 1989.

Member - SDAAPERD Service Honor Awards Committee, 1985 - 1990.

Member - FAAPERD Health/Fitness Workshop Planning Committee, 1984-86.

Delegate - AAPERD Representative Assembly, Anaheim, CA, April, 1984.

Member - Southern District AAPERD Health Division Council, 1982-86.

Delegate - Southern District AAHPERD Representative Assembly, Houston, Texas, 4/22/82.

Chair - Florida Association of Professional Health Educators, Nominating Committee, 1982.

Member - Florida Association of Professional Health Educators Governing Council, 1982-85.

University Representative, School Health Conference Planning Committee, 1982.

President - Florida Association for Health, Physical Education, Recreation, and Dance, 1981-82.

Delegate, President-elects Conference for State Association for Health, Physical Education, Recreation and Dance, Washington, D.C. June 5 - 9, 1981.

Delegate, International Union for Health Education, invitation only workshop to identify directions for rural and urban school health programs in the Americas; San Juan, Puerto Rico, May 31, - June 6, 1981.

Delegate, American Alliance for HPERD Representative Assembly, Boston, MA. April, 1981.

Delegate, Southern District American Alliance for Health, Physical Education, Recreation and Dance (SDAAHPERD) Representative Assembly, Orlando, Florida, February, 1981.

Chair, FAHPERD Constitution Restructure Steering Committee, 1980-81. (Prepared for publication FAHPERD Journal, May, 1981).

### **PUBLIC SERVICE:**

Gainesville Responsible Vendor Coalition, Gainesville Redevelopment Agency, 2005 – 2007.

Well-City Steering Committee, City of Gainesville Go-For-The-Gold, Wellness Councils of America initiative, 2000- current.

American Lung Association of Florida (ALAF), Advisory Director, 1990 - 1993.

American Lung Association of Florida, Regional Committee, 1989 - 91.

American Lung Association of Florida Northeast Branch, Board of Directors, 1987 - 90.

American Lung Association representative to the Carter Center Conference on Comprehensive Health Education, May, 1989.

American Lung Association of Florida PRIDE Committee, 1989-90.

Alachua County Coalition on Smoke Free Class of 2000, 1988 - 1990.

American Lung Association of Florida Board of Directors, Director-at-Large, 1988 - 1991.

Florida Coalition on Smoking OR Health, Smoke Free Class of 2000 Steering Committee, 1988 - 1990.

Duval County School Board, Hearing on ban of tobacco products in the school system for all faculty and staff, July 1, 1988.

Florida Department of Education - Advisory Committee on Health Education, December, 1987.

National Center for Health Education - correspondent for worksite health promotion/wellness programs, 1985-87.

Florida Department of Education, Fall, 1984 - Search and Screen Committee for Florida DOE's health education consultant position.

Florida Department of Education, House Middle Years Task Force Hearing, health education for middle schools, January 1984.

Florida Department of Education, November, 1983. Life Management Skills Task Force, develop curriculum frameworks for high school graduation requirement.

President ALAF Northeast Branch Board of Directors, 1987-1989.

President-elect ALAF Northeast Branch Board, 1985-87.

Northeast Branch ALAF Executive Committee, 1984-89.

Northeast Branch ALAF Board of Directors, 1980-1990.

Chairman, Gainesville committee, 1984-1987.

American Lung Association of Florida's (ALAF) Smoking and Health Committee, 1983-1988. Sub-committees, School Health Education; Clean Indoor Air Legislation.

Member, American Lung Association of Florida's Health Education and Services Committee, 1979-83.

Alachua County School Health Advisory Council Member, 1980-1988; Health Education Sub-committee, chairman 1981-85.

Member, Comprehensive Health Education Demonstration Model Task Force for Family Life and Sex Education programs in Florida's Schools, 1978.

Member, American Cancer Society, Florida's Target Five Ad Hoc Committee; Anti-smoking programs, 1977-78; 1978-79.

## **GRADUATE COMMITTEE RESPONSIBILITIES:**

### **Non-thesis committees:**

. 24 Master of Health Science Education committees  
chair of 8

### **Thesis degree committees:**

. 14 Master of Science in Health Science Education committees  
chair of 7  
. 6 in the Department of Exercise and Sport Sciences  
. 1 in the Departments of Recreation, Parks and Tourism  
. 1 in the Department of Urban and Regional Planning.  
. 8 in Department of Food Science and Human Nutrition

### **Doctoral Committees**

. 6 Department of Health Education and Behavior/CHHP member  
. 4 College of Education  
. 1 in Department of Psychology

Dissertation Chair (5):      Kristine Stouffer Calderon, completed 2000  
   Jane Emmeree, completed 2002  
   Abbie Schwab Batia, completed 2007  
   Jolie Haun, completed 2007  
   Cathy Troxler, ABD

## **UNIVERSITY SERVICE**

CHHP representative, Faculty Senate, 2007 - 2010

Faculty Athletics Representative to the NCAA, presidential appointment 2005 – current.  
Member, Southeastern Conference Executive Committee 2007 - current

Chair, Campus Committee on Alcohol and Other Drug Education and Policy Committee 2005 – 2007.

Vice-Chair, Healthy Gators 2010 Steering Committee 2004 – current.

Chair, Healthy Gators 2010 Executive Committee 2004 – current.

Member, Search Committee for Vice President for Student Affairs, presidential appointment, 2003.

Member, College of Health and Human Performance Futures Committee, provost appointment, 2002-2003.

Chair, SACS - COC Re-affirmation of accreditation Steering Committee, 2000 – 2003.

Member, UF Constitution Committee, 2001- 2003.

Member, Committee to Review Commencement, 2001-2002.

Member, UF Enrollment Management Committee, 1998- 2003.

Chair, Undergraduate Advising Council, 1998-99.

Member, Undergraduate Advising Council, 1996-97.

Council on Teacher Education (COTE), 1988- 2005

NCAA – Academic Integrity, 1996-97.

National Council for Accreditation of Teacher Education (NCATE), 1996-97.

Undergraduate Advising Council subcommittee to review Preview, fall 1995.

Intercollegiate Athletics Committee, Presidential Appointment, 1995-97; 2005-current

University Athletic Association Search and Screen committee for women's softball coach, fall, 1995.

University Athletic Association Search and Screen committee for men's track coach, summer, 1995.

University Athletic Association Search and Screen committee for women's golf coach, summer, 1995.

University Athletic Association Search and Screen committee for women's soccer coach, summer, 1994.

University Athletic Association Search and Screen committee for women's swimming coach, spring, 1994.

University Undergraduate Advising Council, 1993 - 1999.

University Athletic Association Substance Abuse Committee, 1992 – current.

UAA/CLAS Search and Screen for Liaison Academic Advisor, Spring, 1992.

College of Liberal Arts and Sciences Search and Screen for Minority Retention Academic Advisors, Fall, 1991.

Intercollegiate Athletics Committee, presidential appointment, 1992 - 95.

College of Education Search and Screen Committee for Chairman, Department of Curriculum and Instruction, 1990-91.

Faculty Advisor, Kappa Alpha Theta Sorority, 1990 - 1998.

University Committee on Student Petitions, 1989 - 1992.

Faculty Representative, University Athletic Association Board of Directors, 1990 - 1991.

University Curriculum Committee, 1989 - 1999.

Inter College Committee on Student Academic Policy, 1989 - 1992.

Affiliate faculty, Center for Rural Health, 1983 - 1987.

Affiliate faculty, Center for Gerontological Studies, 1981 - 89.

Council on General Education, 1988 - 1991.

University Superior Accomplishment Awards Committee, 1988 - 91.

Faculty Education Policy Group, 1987-1989, (President's Advisory Committee - resigned when promoted to Assistant Dean).

Distinguished Alumni/Honorary Degrees, 1986-89.

Preventive Cardiology Program Advisory Committee, College of Medicine, 1987-1989.

Student Conduct Committee, 1985-1987.

Commencement Convocation Marshall, 1985-1986.

University of Florida Faculty Club - President-elect 1983-84, President 1984-85.

University of Florida Faculty Club Board of Directors, Vice President, 1982-83

University of Florida Faculty Club Directors, 1980-90.

Campus Housing Committee, 1983-1986.

Student Admissions Committee, 1980-1984; 1989-1990.

Student Petitions Committee, 1979-1984.

Senior Advisor Mortar Board, National Leadership and Scholastic Honorary, 1979-82

Off Campus Housing Committee, 1979-80

Student Financial Aid Committee, 1978-79

**COLLEGE SERVICE:**

Awards Committee (formerly Distinguished Alumni) 2007 – current  
Chair 2007 – 2008

Petitions Committee, 2006 – 2007

Scholarship Committee, 2006 -2007

CHHP Leadership Team (chair) 2003 – 2006

Distinguished Alumni selection committee (chair) 2003 - 2006

CHHP Strategic Planning Committee 2003 -- 2005

Curriculum Committee (chair), 1998-99.

TIP and PEP Selection Committees (ex-officio), 1998-99.

Teacher of the Year Selection Committee, HHP coordinator, 1998-99.

Scholarship Committee (ex-officio), 1996-99.

College Petitions Committee (Chair), 1996-99.

Undergraduate Advisory Committee (Chair), 1996-99.

BOR & Sustained Performance Evaluation, 1996-97.

Curriculum Committee (ex-officio), 1996-97.

50<sup>th</sup> Anniversary Celebration, 1996-97.

Liaison with College of Education for determination of prerequisites and reduction to 120 credit hours for degree programs in health teacher and physical education programs, fall 1995.

Teacher Incentive Program (TIP) Committee to establish criteria and to select awardee, 1993-94.

Search and Screen Committee, Student Health/Fitness Center Assistant Director, Summer, 1993.

Faculty sponsor, College Council, 1992 - 1998.

Affirmative Action/Equal Employment Opportunity Officer for the College, 1989 - 1997.

Curriculum Committee, 1989-1999, Chair 89-90

Undergraduate Committee, 1989 - 1999, Chair

Editor, College Newsletter, Performance, 1989 - 1993

Scholarship Committee, 1989-1999, Chair 89-90

Living Well Advisory Committee, 1989-1993.

Cultural Diversity Committee, 1989-1996, Chair 89-90

Search and Screen Committee, Student Health/Fitness Center Assistant Director, 1989-90.

Search and Screen Committee, Student Health/Fitness Center Director, 1988-89.

Search and Screen Committee for Living Well Program Director, 1988-89, committee Chair.

Faculty Policy Committee, 1986-1989, Chair, 1986-87.

College Retirement Committee, 1985-88.

Dual Degree Committee to investigate potential to develop Master's degree with the College of Business, 1985-86.

Student Hall of Fame Selection Committee, 1985-87; 1985-86, Chair.

College of HHP Future Directions Committee, Group II, 1985-86.

Sabbatical Committee, 1985-86.

Scholarship Committee, 1985-86.

Tenure and Promotion Committee, 1984-85; 1985-86.

Public Relations Committee, 1981-1984.

Curriculum Committee, 1980-85; 1986-87;  
Chair 1981-82

Academic Advisors/Undergraduate Committee, 1979-84  
Chair 1980-81; 1983-84

**DEPARTMENTAL COMMITTEES AND RESPONSIBILITIES:**

Shared Governance Task Force (Chair), 2006 – 2007

Teacher of the Year Selection Committee, 1996-97.

Search and Screen Committee, Department of Health Science Education Department Chair, 1995-96.

Spring Banquet Committee, 1993-96; Chair 1995-96.

Search and Screen Committee, Department of Health Science Education Assistant Professor position(s), spring 1993.

Search and Screen Committee, Department of Health Science Education, Instructor and Assistant Professor positions, to be filled fall, 1991. (Instructor position filled; Assistant Professor position search canceled.)

Search and Screen Committee, Department of Health Science Education, Assistant Professor, 1988-89.

Undergraduate Coordinator and Academic Advisor, 1988-89.

Search and Screen Committee, Department of Health Science Education, Associate Professor, 1987-88.

Undergraduate curriculum revision committee, 1987-88.

Search and Screen Committee for Department of Health Science Education Chair, 1986-87.

Search and Screen Committee for nutrition/public health position, Chairman, 1986-87.

Graduate Assistantship Committee 1986-87.

Annual Evaluation Criteria Committee 1984-85.

Conditional Graduate Admissions Committee, 1983, Chairperson, 1983-85.

Chair, Undergraduate Curriculum Revision Committee 1979-80.

Coordinator, Undergraduate Program 1979-84.

**NEW COURSES DEVELOPED**

Behavioral, Environmental and Genetic Determinants of Obesity, 3 semester credits undergraduate/graduate (special topics)

Health Promotion In The Workplace, 3 semester credits, undergraduate.

Nutrition Education for Special Populations, 3 semester credits, undergraduate.

Health Promotion in Gerontology, 3 semester credits, graduate.

Worksite Health Promotion, 3 semester credits, graduate.

**COURSES MOST FREQUENTLY TAUGHT:**

HSC 3301 - Elementary School Health Methods  
HSC 3134 - Education for Emotional Health and Health Counseling  
HSC 4694 - Health Promotion in the Workplace  
HSC 6567 - Health Promotion and Programming in Gerontology  
HSC 6695 - Worksite Health Promotion

\*\*currently teaching Worksite Health Promotion and Obesity class

**CURRENT PROFESSIONAL MEMBERSHIPS:**

American College of Sports Medicine

International Council for Health, Physical Education and Recreation (life member)

Association for the Advancement of Health Education/AAHPERD (life member)

American Association for Active Lifestyles and Fitness/AAHPERD

American Public Health Association

American School Health Association (life member)

Florida Association for Health, Physical Education, Recreation and Dance

Florida Association of Professional Health Educators/FAHPERD

Eta Sigma Gamma (National Health Science Honorary - life member)

Phi Kappa Phi (National Scholastic Honorary - life member)