

**DELORES C.S. JAMES, PhD, RD, LD/N, FASHA, FWMDPG-ADA**

Associate Professor  
Department of Health Education and Behavior  
Room 5 FLG, PO Box 118210  
University of Florida  
Gainesville, FL 32611-8210  
(352) 392-0583 (Office)  
(352) 392-1909 (Fax)  
[djames@hhp.ufl.edu](mailto:djames@hhp.ufl.edu)

**EDUCATIONAL BACKGROUND**

- 1993 University of Florida, Gainesville, Florida  
Doctor of Philosophy in Health and Human Performance  
Major: Health Behavior  
Minor areas: Educational Measurement and Statistics and Medical Sociology  
Dissertation: A Survey of Genetic Counseling Professionals in the Southeastern United States: Actual versus Perceived Roles
- 1990 University of Florida, Gainesville, Florida  
Master of Science in Health Science Education  
Thesis: Cultural and Socioeconomic Factors that Influence Infant Feeding Practices Among International Students at the University of Florida
- 1984 The Ohio State University  
Bachelor of Science in Allied Medical Professions  
Major: Medical Dietetics.

**RESEARCH AREAS**

Health Disparities; Nutrition; Obesity and Weight Management; Health Literacy; Health Education Technology; Cancer Education; Qualitative Research.

**PROFESSIONAL LICENSE/REGISTRATION/CERTIFICATION**

Registered Dietitian, American Dietetic Association  
Licensed Dietitian, Florida

**FELLOWSHIP**

Fellow, American School Health Association  
Fellow, Weight Management Dietetics Practice Group, American Dietetic Association

**PROFESSIONAL EXPERIENCE**

- 1998–present Associate Professor, Department of Health Science Education, University of Florida, Gainesville, Florida.
- 1993-1998 Assistant Professor, Department of Health Science Education, University of Florida, Gainesville, Florida.

- 1992-1993      Research Assistant, Department of Community Health and Family Medicine  
University of Florida, Gainesville, Florida
- 1991-1992      Graduate Teaching Assistant, Department of Health Science Education  
University of Florida, Gainesville, Florida
- 1990-1991      Instructor, Department of Health Related Professions, Santa Fe Community College,  
Gainesville, Florida
- 1985-1991      Adjunct Instructor, Department of Continuing Education, University of Florida,  
Gainesville, Florida
- 1984-1989      Public Health Nutritionist, Department of Obstetrics and Gynecology, University of  
Florida, Gainesville, Florida.
- 1984-1989      Adjunct Instructor, Department of Clinical and Community Dietetics, University of  
Florida, Gainesville, Florida
- 1984-1987      Pediatric Nutrition Consultant, Shands Hospital, Department of Neonatology  
University of Florida, Gainesville, Florida.

**Editorial Responsibilities**

- Reviewer, *Journal of the American Dietetic Association*  
Reviewer, *International Electronic Journal of Health Education*  
Reviewer, *Ethnicity and Health*  
Reviewer, *American Journal of Public Health*  
Reviewer, *Journal of the National Medical Association*  
Reviewer, *Contemporary Clinical Trials*  
Reviewer, *Journal of Marriage and the Family*  
Reviewer, *The Health Educator*  
Reviewer, *Journal of American School Health*  
Reviewer, *Medical Science Monitor*

**CREATIVE WORKS**

1. Rienzo BA, Frazee, C, James DCS, Maple, M. HIGH FIVES: A Nutrition Promotion Program for High School Youth (video). Tallahassee, FL Florida Department of Education, 1996. The Florida Public Relations Association Award of Distinction (Category: Film/Video-Public Service/ over one minute).
2. James DCS. Keepers of the Temple: A Spiritually Based Health and Wellness Curriculum. Florida Department of Health, 2001 (140 pp).

**PUBLICATIONS****Books**

1. James, DCS (Editor). Nutrition and Well-Being: A-Z. 2 vols. New York: Macmillan Reference, Thompson/Gale. 2004. 654 pages.

**Books, Co-authored**

1. James DCS, Rienzo BA, Frazee C. Teacher's Guide: HIGH FIVE: A Nutrition Promotion Program for High School Youth. Tallahassee, FL: Florida Department of Education, 1996. 72 pages.

**Books, Contributor of Chapter(s)**

1. James D. Wellness and Nutrition. In Christie, C. & Mitchell, S. (Eds.), The Florida Dietetic Association Handbook of Medical Nutrition Therapy: The Florida Diet Manual 2000 Edition . Florida Dietetic Association, 2000, pp. A5.1-A5.8
2. James D. Physical fitness and athletic performance. In In Christie, C. & Mitchell, S. (Ed.), The Florida Dietetic Association Handbook of Medical Nutrition Therapy: The Florida Diet Manual 2000 Edition. Florida Dietetic Association, 2000, pp. A6.1-A6.12.
3. James D. Wellness. In Guyer L (Ed.), The Florida Dietetic Association Handbook of Medical Nutrition Therapy: The Florida Diet Manual. Florida Dietetic Association, 1995, pp. A6.1-A6.6
4. James D. Nutrition, physical fitness and athletic performance. In Guyer L (Ed.), The Florida Dietetic Association Handbook of Medical Nutrition Therapy: The Florida Diet Manual. Florida Dietetic Association, 1995, pp. A6.7-A6.18.

**Books, Encyclopedia Entries**

1. James DCS. Diets of South Americans. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 200 - 201). New York: Macmillan Publishers.
2. James DCS. Diets of Northern Europeans. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 83 - 84). New York: Macmillan Publishers. New York: Macmillan Publishers.
3. James DCS. Diets of Scandinavians. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 187 - 190). New York: Macmillan Publishers. New York: Macmillan Publishers.
4. James DCS. Diets of Pacific Islanders. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 128 - 132). New York: Macmillan Publishers. New York: Macmillan Publishers.
5. James DCS. Arteriosclerosis. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 45 - 46 ). New York: Macmillan Publishers. New York: Macmillan Publishers.
6. James DCS. Anthropometric Measurements. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 42 ). New York: Macmillan Publishers. New York: Macmillan Publishers.
7. James DCS. Quackery. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 160 - 164). New York: Macmillan Publishers. New York: Macmillan Publishers.
8. James DCS. Macrobiotic Diet. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 31 - 33). New York: Macmillan Publishers. New York: Macmillan Publishers.
9. James DCS. Healthy Eating Index. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 267 - 269). New York: Macmillan Publishers. New York: Macmillan Publishers.

10. James DCS. Health. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 263). New York: Macmillan Publishers. New York: Macmillan Publishers.
11. James DCS. Health Education. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 266 - 267). New York: Macmillan Publishers. New York: Macmillan Publishers.
12. James DCS. Health Promotion. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp.267). New York: Macmillan Publishers. New York: Macmillan Publishers.
13. James DCS. Health Communication. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp.266). New York: Macmillan Publishers. New York: Macmillan Publishers.
14. James DCS. Breastfeeding. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 74 - 78). New York: Macmillan Publishers. New York: Macmillan Publishers.
15. James DCS. Ray Kroc. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 18 - 20). New York: Macmillan Publishers. New York: Macmillan Publishers.
16. James DCS. John Pemberton. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 135 - 136). New York: Macmillan Publishers.
17. James DCS. Cultural Competence. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp.139 - 142). New York: Macmillan Publishers. New York: Macmillan Publishers.
18. James DCS. Emergency Nutrition Network. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp.189). New York: Macmillan Publishers. New York: Macmillan Publishers.
19. James DCS. Food Aid for Development. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 223 - 224). New York: Macmillan Publishers. New York: Macmillan Publishers.
20. James DCS. Mastitis. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 41 - 42). New York: Macmillan Publishers. New York: Macmillan Publishers.
21. James DCS. Refugee Nutrition Information System. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 164 - 166). New York: Macmillan Publishers. New York: Macmillan Publishers.
22. James DCS. Global Database on Nutrition Policies and Programmes. In Delores C.S. James (Ed.) Nutrition and Well-Being: A-Z. (pp. 249 - 250). New York: Macmillan Publishers. New York: Macmillan Publishers.

### Referred Articles

1. **James DCS**. Cluster Analysis Defines Distinct Dietary Patterns for African American Men and Women. Journal of the American Dietetic Association. 2009; 109(2): 255-262.
2. **James DCS**, Chen WW, Sheu, JJ. Type of Tobacco Product Used: Are There Differences Between University and Community College Students? Journal of Drug Education. 2007; 37(4) 371-384.

3. **James DCS**, Bonds JR. Obesity Status and Body Satisfaction: Are There Differences Between African American College Females at Black and White Universities? The Health Educator. 2006; 38(1), 1-8.
4. **James DCS**, Chen WW, Sheu, JJ. Comparison of Three Tobacco Survey Methods with College Students: A Case Study. International Electronic Journal of Health Education. 2005; 8, 119-124.
5. **James DCS**, Dobson B. American Dietetic Association's Position Paper: Promoting and Supporting Breastfeeding. Journal of the American Dietetic Association, 2005: 105(5), 810-818.
6. **Barr E**, Rienzo B, Pigg RM, **James DCS**. Exceptional Students and Sexuality Education: Teachers' Beliefs, Professional Preparation, and Practices. Journal of School Health. 2005; 75(3), 99-104.
7. **James DCS**. Factors Influencing Dietary Intake Among African Americans: Application of A Culturally Sensitive Model. Ethnicity and Health, 2004; 9(4), 349-368.
8. **James DCS**. Gender Differences in Weight Perception, Body Satisfaction, and Obesity Status Among African Americans. Health Educator, 2004; 36(2), 1-7.
9. **James DCS**, Chen WW, Lindsey R. Evaluation of a Tobacco Prevention Curriculum for Elementary School Children. The Health Educator, 2003; 35(1), 3-8.
10. **Adams TLA**, **James DCS**. Teachers speak: promoting curriculum integration with success, Florida Educational Leadership, 2003; Fall, 44-48.
11. **James DCS**. Gender Differences in BMI and Weight Loss Strategies Among African Americans. Journal of the American Dietetic Association, 2003; 103(10),1360-1362.
12. **James DCS**, Chen WW. A Population-Based Hepatitis B Vaccination Coverage Survey Among Asian and Pacific Islander American Students in Alachua County, Florida. Journal of Asian and Pacific Islander Health, Summer-Autumn 9(2). 2001; 188-194.
13. **Misra R**, **James DCS**. Factors associated with breastfeeding duration and initiation in Missouri. Journal of the American Dietetic Association. 2000; 100(9):1071-1073.
14. **Brey R**, **James DCS**. Perception of Alcoholism: The Impact of personal characteristics. Journal of School Health. 1999; 69(4):165166.
15. **Seccombe K**, Walters KB, **James DCS**. "Welfare mothers" welcome reform, urge compassion. Family Relations April 1999, v.48, 2, 197-206.
16. **Seccombe K**, **James DCS**, Walters, KB. "They think you ain't nothing: The social construction of welfare mothers. Journal of Marriage and the Family. 1998; 60:849-865.
17. **James DCS**. Improving the diets of African-Americans: Challenges and opportunities. The Eta Sigma Gamma: Monograph Series. 1998; Fall: 29-37.
18. **James DCS**, Adams T.L. Curriculum integration in nutrition and mathematics. Journal of School Health, 1998; 68(1): 3-11.

19. **James DCS**. Educational diagnosis of the nutritional needs of African-Americans. The Eta Sigma Gamma: Monograph Series. 1998; Spring: 11-16.
20. **James DCS**, Rienzo BA, Frazee C. Using focus group interviews to develop a nutrition education video for high school students. Journal of School Health, 1997; 67(9), 376-379.
21. **James DCS**. Coping with a new society: The psychosocial problems of immigrant youth. Journal of School Health, 1997; 67(3), 98-101.
22. **James DCS**, Rienzo BA, Frazee C. Using focus group interviews to assess barriers and motivators to healthy eating among adolescents. The Health Educator, Journal of Eta Sigma Gamma, 1996; 28(1), 28-32.
23. **James DCS**, Rienzo BA, Frazee C. Use of focus group interviews to understand school meal choices. The Journal of School Health, 1996; 66(4), 128-131.
24. **James DCS**, Adams T.L. Connecting nutrition and mathematics: The 5 A Day For Better Health Plan. Journal of School Health, 1996; 66(3), 119.
25. **James DCS**. The role of health educators in the genetic revolution. The Health Educator, Journal of Eta Sigma Gamma, 1995; Fall, 17-22.
26. **James DCS**, Crandall LA, Rienzo BA, Trottier RW. Roles of physicians, genetic counselors, and nurses in the genetic counseling process. The Journal of the Florida Medical Association, Inc. 1995; 82(6), 403-410.
27. **James DCS**, Randall LA, Rienzo BA, Trottier RW. Professional preparation of individuals who provide genetic counseling services. Journal of Genetic Counseling, 1995; 4(1), 49-63.
28. **James DCS**. Ethical issues of scientific inquiry in health science education: The new faculty member's perspective. The Eta Sigma Gamma: Monograph Series, 12(2), 1994, 124-133.
29. **James DCS**. The Human Genome Initiative: Implications for the comprehensive school health program. Journal of School Health, 1994; 64(2): 80-82.
30. **James DC**, Jackson RT, Probart CK. Factors affecting breast-feeding prevalence and duration among international students. Journal of the American Dietetic Association, 1994; 94(2): 194-196.
31. **Armotrading (James) D**, Probart C, Jackson R. (1992). WIC utilization rate among international students. Journal of the American Dietetic Association, 1992; 92(3):352-353.
32. **Armotrading (James) D**. Can the breastfeeding objective for the nation be achieved? The Eta Sigma Gamma: Monograph Series, 1990. 8(1): 1-5.

#### Non-referred Articles

1. **James DCS**. Coping with a new society: The psychosocial problems of immigrant youth. Educational Digest, 1997; November, 51-53. Reprinted with permission from Journal of School Health, 1997; 67(3), 98-101.

2. **James DC**, Jackson RT, Probart CK. Factors affecting breast-feeding prevalence and duration among international students.(April 15, 1994). Research Alert. Reprinted with permission from Journal of the American Dietetic Association, 1994; 94(2): 194-196.

### Monographs

1. **James DCS**. Revving up prevention efforts: Mobilizing community groups for change. Tobacco Control Research Digest. 1999; July (3)1-16. Tallahassee, FL: Florida Tobacco Control Clearinghouse.
2. **James DCS**. Youth Development Programs for Tobacco Use Prevention. Tobacco Control Best Practices. 1999; July (1)1-27. Tallahassee, FL: Florida Tobacco Control Clearinghouse.
3. **James DCS**. Overcoming barriers: Racial and ethnic Issues in the war against tobacco. Tobacco Control Research Digest. 1999; May (1)1-20. Tallahassee, FL: Florida Tobacco Control Clearinghouse.

### Technical Reports

1. **Chen WW, James DCS, Sheu JJ**. Florida College Advocacy Initiative/STRIKE Final Evaluation Report. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (42 pages).
2. **Chen WW, James DCS, Sheu JJ**. Florida College Advocacy Initiative/STRIKE for Universities. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
3. **Chen WW, James DCS, Sheu JJ**. Florida College Advocacy Initiative/STRIKE for Community Colleges. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
4. **Chen WW, James DCS, Sheu JJ**. Florida College Advocacy Initiative/STRIKE for University of Florida. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
5. **Chen WW, James DCS, Sheu JJ**. Florida College Advocacy Initiative/STRIKE for University of Miami. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
6. **Chen WW, James DCS, Sheu JJ**. Florida College Advocacy Initiative/STRIKE for Florida State University. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
7. **Chen WW, James DCS, Sheu JJ**. Florida College Advocacy Initiative/STRIKE for Florida International University. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
8. **Chen WW, James DCS, Sheu JJ**. Florida College Advocacy Initiative/STRIKE for University of Florida. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).

9. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Florida A& M University. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
10. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for University of Central Florida. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
11. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Florida Gulf Coast University. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
12. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Central Florida Community College. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
13. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Indian River Community College. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
14. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Miami-Dade Community College. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
15. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Pasco Hernando Community College. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2003. (9 pages).
16. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE Final Evaluation Report. Division of Tobacco Awareness and Health, Florida Department of Health. 2002 (42 pages).
17. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for University of Florida. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).
18. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for University of Miami. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).
19. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Florida State University. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).
20. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Florida International University. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).
21. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for University of Florida. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).

22. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Florida A& M University. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).
23. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for University of Central Florida. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).
24. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Florida Gulf Coast University. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).
25. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Central Florida Community College. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).
26. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Indian River Community College. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).
27. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Miami-Dade Community College. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).
28. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Pasco Hernando Community College. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).
29. Chen WW, James DCS, Sheu JJ. Florida College Advocacy Initiative/STRIKE for Pensacola Junior College. Division of Tobacco Awareness and Health, Florida Department of Health and Triangle Research Institute, Inc. 2002. (9 pages).

## PROFESSIONAL PRESENTATIONS

### International

1. **James DCS.** Helping African Women Find Reliable Information on the Internet. 19<sup>th</sup> IUHPE World Congress on Health Promotion and Health Education. Vancouver, British Columbia, Canada. June 10-15, 2007.
2. **James DCS,** Chen WW, Wirth CK. Minding My Own Business: Community Attitudes toward Underage Drinking and Substance Abuse. Vancouver, British Columbia, Canada. June 10-15, 2007.
3. **James DCS,** Bonds J. Body Shape and Weight are Major Concerns for African American College Females. 19<sup>th</sup> IUHPE World Congress on Health Promotion and Health Education. Vancouver, British Columbia, Canada. June 10-15, 2007.
4. Chen WW, James DCS, Sheu JJ. Evaluation of a Peer-Initiated Tobacco Control Program Targeted to College Students. 46<sup>th</sup> ICHPER-SD Conference, Istanbul, Turkey. November 9-13, 2005.

5. **James DCS**. Factors Influencing Dietary Intake among African Americans. 18<sup>th</sup> Annual Conference on Health Promotion and Health Education, Melbourne, Australia, April 25-29, 2004.
6. **James DCS**. Gender Differences in Weight Perception, Body Satisfaction, and Obesity Status among African Americans. 18<sup>th</sup> Annual Conference on Health Promotion and Health Education, Melbourne, Australia, April 25-29, 2004.
7. **Chen WW**, Sheu JJ, **James DCS**. Impact of a Peer-Initiated Tobacco Control Program on Tobacco Use Among College Students. 18<sup>th</sup> Annual Conference on Health Promotion and Health Education, Melbourne, Australia, April 25-29, 2004.
8. **Sheu JJ**, Chen WW, **James DCS**. The prevalence of different tobacco product use among Florida college students. Global Action for Tobacco Free Future Conference, Helsinki, Finland, August 3-8, 2003.
9. **Chen WW**, **James DCS**, Sheu JJ. Preliminary evaluation of a tobacco control initiative on college campuses. Global Action for Tobacco Free Future Conference, Helsinki, Finland, August 3-8, 2003.
10. **James DCS**. Mobilizing Ethnic Minority Communities in the Fight against Tobacco. 44<sup>th</sup> ICHPER-SD Conference, Taipei, Taiwan, June 26-29, 2002.
11. **James DCS**. Gender Differences in Weight Loss Strategies among African Americans 44<sup>th</sup> ICHPER-SD Conference, Taipei, Taiwan, June 26-29, 2002.
12. **Chen WW**, **James DCS**, Shue JJ, Troxler C. Comparison of Health Survey Methods on College Students. 44<sup>th</sup> ICHPER-SD Conference, Taipei, Taiwan, June 26-29, 2002.
13. **Seccombe K**, **James D**, Battle-Waters K. "It's A Miserable Life to Me: Welfare Recipients' Views of the System and It's Reform," American Sociological Association, Toronto, Canada, August 9-13, 1997.
14. **James DCS**. "Factors That Influence Breastfeeding Duration and Initiation among International Students." International Council for Health, Physical Education, Recreation, Sport & Dance 38<sup>th</sup> World Congress, Gainesville, Florida, July 14, 1995.
15. **James DCS**. "Ethical, Legal, and Social Implications of the Human Genome Project: Implications for Health Education and Health Promotion. International Council for Health, Physical Education, Recreation, Sport & Dance 38<sup>th</sup> World Congress, Gainesville, Florida, July 14, 1995.
16. **James DCS**. "Human Genome Technologies: Implication for Developing Countries." Caribbean Studies Association 19<sup>th</sup> Annual Conference, Merida, Mexico, May 23-29, 1994.

### National

1. **James DCS**, Misra R. Structural Equation Modeling Shows Differences in Body Satisfaction between African American Men and Women. Society for Behavioral Medicine. San Diego, CA. March 29, 2008.
2. **James DCS**, Chen WW, Sheu JJ. Smoking Behaviors of Community College and University students. American Public Health Association, Boston, MA, November 4-8, 2006.

3. **James DCS.** Finding Dieting Information on the Internet. American Dietetic Association Food and Nutrition Conference and Expo, Chicago, IL October 27, 2008.
4. **James DCS.** Weight Loss Strategies Used by Obese African Women. American Dietetic Association Food and Nutrition Conference and Expo, Chicago, IL October 27, 2008.
5. **James DCS,** Chen WW, Sheu JJ. Smoking behaviors of community college and university students. American Public Health Association, Boston, MA, November 4-8, 2006.
6. **James DCS.** Cluster Analysis Defines Distinct Dietary Patterns Among African-American Men and Women. American Dietetic Association Food and Nutrition Conference and Expo, Honolulu, Hawaii, September 16-19, 2006.
7. **Price A, James DCS.** Physical Activity among Graduate Students Preparing for Health-Related Careers versus Those in Other Fields of Study. American Alliance for Health, Physical Education, Recreation, and Dance National Convention, April 2006, Salt Lake City, UT.
8. **James DCS,** Bonds J. Dieting Behaviors of African American College Students. American Dietetic Association Food and Nutrition Conference and Expo, St. Louis, MO, October 22-25, 2005.
9. **James DCS,** Bonds J. Body satisfaction and dieting habits among African American college students. American Public Health Association Philadelphia, PA, December 10-14, 2005.
10. **James DCS,** Chen WW. Focus group research on mosquito-borne diseases control and prevention in Florida. American Public Health Association Philadelphia, PA, December 10-14, 2005.
11. **James DCS,** Chen WW, Sheu JJ. Smoking Prevalence, Choice of Tobacco Products, and Attitudes towards Smoking Cessation between University and Community College Students. American Public Health Association Philadelphia, PA, December 10-14, 2005.
12. **Sheu JJ,** Chen WW, **James DCS.** Validation of the Florida Annual College Tobacco Survey (FACTS). American Public Health Association Philadelphia, PA, December 10-14, 2005.
13. **James DCS.** Factors influencing food choices, attitudes towards weight, and dietary intake among African Americans: Application of a culturally sensitive model. American Dietetic Association Food and Nutrition Conference and Expo, Anaheim, CA, October 2-5, 2004.
14. **James DCS.** Cultural, Social, and Environmental Factors that Impact Food Choices, Dietary Intake, and Nutrition-Related Attitudes among African American. American Public Health Association, Washington, DC, November 6-10, 2004.
15. **James DCS.** Gender differences in BMI status and body weight satisfaction among African Americans. American Dietetic Association Food and Nutrition Conference and Expo, San Antonio, TX, October 25-29, 2003.
16. **James DCS,** Misra R. Factors that Affect Body Satisfaction among African Americans. American Public Health Association, San Francisco, CA, November 15-19, 2003.
17. **James DCS.** Gender Differences in Weight Loss Strategies among African Americans. American Public Health Association, Philadelphia, PA, November 9-13, 2002.

18. **Brown EJ, James DCS.** Town and Gown Meet in Rural America: The Columbia-Suwannee Cancer Prevention Outreach Project. American Public Health Association, Philadelphia, PA, November 9-13, 2002.
19. **Weiler RM, Pigg RM, James DCS.** Perceptions of Florida SCHP Coordinators Concerning Program Achievements, Future Goals, and Barriers to Improvements. American School Health Association, Albuquerque, NM, November 7-11, 2001.
20. **James DCS, Chen SS.** A Population-Based Survey of Hepatitis B Vaccination Coverage Survey among Asian and Pacific Islander American Students in Alachua County, Florida. American Public Health Association, Atlanta, GA, October 21-25, 2001.
21. **James DCS, Lindsey R, Chen WW.** Evaluation of the Effectiveness of an Elementary School Tobacco Prevention Curriculum. American School Health Association, New Orleans, LA, October 25-29, 2000.
22. **James DCS.** Weight Loss Strategies Used by African Americans. American Public Health Association, Boston, MA, November 12-16, 2000.
23. **James DCS.** Use of Preventive Health Services by African Americans. American Public Health Association, Boston, MA, November 12-16, 2000.
24. **James DCS, Lindsey R, Chen WW.** Evaluation of the *Eglin Long-Horn of Nightshade County* curriculum. American Public Health Association, Boston, MA, November 12-16, 2000.
25. **James DCS.** "Marketing and Promoting Dietary Change among African Americans." American Public Health Association, Chicago, IL, November 7-11, 1999.
26. **James, DCS.** "Dietary Patterns of African American Compared to National Recommendations." American Public Health Association, Chicago, IL, November 7-11, 1999.
27. **James DCS.** "Identifying the Nutrition Education Needs of African Americans." American Public Health Association, Chicago, IL, November 7-11, 1999.
28. **James DCS, Adams TLA, Seabert D.** "Developing Effective Strategies for Conducting Surveys, Focus Groups, and Field Research in Schools." American Public Health Association, Chicago, IL, November 7-11, 1999.
29. **James DCS.** "Improving the Diets of African Americans: A Food-focused Approach." American Dietetic Association Annual Meeting and Exposition, Atlanta, GA, October 18-21, 1999.
30. **James DCS, Adams TLA, Seabert D.** "Effective Strategies for Conducting Field Research in Schools." American School Health Association, Kansas City, MO, October 27-31, 1999.
31. **Shivley A., Weiler R, James DCS, Bobroff L.** A Survey of Perceived Health Education Competence of Family and Consumer Sciences Agents in Florida, AAHPERD, Boston, MA, April 22, 1999.
32. **Misra R, James DCS.** "Breastfeeding Practices Among Adult Black and White Women." American Public Health Association, Washington, DC, November 15-19, 1998.

33. Misra R, **James DCS**. “Factors Affecting Breast Feeding Practices Among Adolescents in Missouri.” American School Health Association, Colorado Springs, Colorado, October 7-13, 1998.
34. Brey RA, **James DCS**. “Perceptions of Alcoholics: The Impact of Personal Characteristics.” American School Health Association, Colorado Springs, Colorado, October 7-13, 1998.
35. Seccombe K, **James DCS**, Battle-Waters K, “It’s a Trap: Living and Surviving Welfare.” National Council on Family Relations, Arlington, Virginia, November 5-10, 1997.
36. **James DCS**, Brey RA, “Strategies to Increase Cultural Competency Among Preservice School Health Teachers.” American School Health Association, Daytona Beach, FL, October 22-26, 1997.
37. **James DCS**. “Developing Nutrition Education Media For School-aged Children.” American School Health Association, Daytona Beach, FL, October 22-26, 1997.
38. **James DCS**, Adams TL, “Mathematics and Nutrition: A Healthy Connection.” American School Health Association, Daytona Beach, FL, October 22-26, 1997.
39. **James DCS**. “Barriers and Motivators to Dietary Change among African Americans.” American Public Health Association, Indianapolis, IN, November 9-13, 1997.
40. **James DCS**. “Developing Nutrition Education Materials for Adolescence.” American Public Health Association, Indianapolis, IN, November 9-13, 1997.
41. **James DCS**. “Coping With A New Society: The Unique Psychosocial Problems of Immigrant Youth.” American Public Health Association, Indianapolis, IN, November 9-13, 1997.
42. Seccombe K, **James D**, Battle-Waters K, Wilson M. “So You Think I Drive A Cadillac? The Social Construction of Welfare Moms,” National Council on Family Relations Council, Kansas City, Missouri, November 7-10, 1996.
43. **James DCS**. “Adjusting To a New Society: The Mental Health of Immigrant Children.” American School Health Association 70th National School Health Conference, St. Louis, Missouri, October 1996.
44. **James DCS**. “America’s Other Children: The Nutritional Needs of Immigrant Children.” American School Health Association 70th National School Health Conference, St. Louis, Missouri, October 1996.
45. **James DCS**, Rienzo BA, Frazee C. “Developing A Nutrition Promotion Packet For High School Students.” American School Health Association 69th National School Health Conference, Milwaukee, Wisconsin, October 25-29, 1995.
46. **James DCS**, Adams T.L. “The 5-A-Day for Better Health Plan and Mathematics: A Healthy Connection. American School Health Association 69th National School Health Conference, Milwaukee, Wisconsin, October 25-29, 1995.
47. Frazee C, Rienzo BA, **James DCS**. Changing Teens Eating Habits. Society For Nutrition Education 28th Annual Meeting, July 17, 1995.

## Regional

1. **Armotrading (James) D.** “The Outdated Four Food Groups: A New Shape for the Future.” Southern College Health Association, March 10-12, 1993, Gainesville, Florida.

### State

1. **Rienzo BA, James DCS,** Maple M, Frazee C. “High Five: A Nutrition Promotion for High School Youth.” American Association of Family & Consumer Science Annual Meeting. Nashville, TN, June 29-July 2, 1996.
2. **James DCS,** Rienzo BA, Frazee C. “Nutrition Education Training Program: High School Promotion Package.” Florida Conference on School Health, May 15-17, 1995.
3. **Adams TL, James DCS.** “Integrating the 5-A-Day for Better Health Plan into the Elementary School Mathematics Curriculum.” Florida Council of Teachers of Mathematics, Palm Beach Florida, October 12-14, 1996.

### Invited Seminars

1. **James DCS.** “Ethnic Influences on Nutrition. Food, Nutrition and Health Update.” Department of Family, Youth, and Community Services, Florida Cooperative Extension Service. February 1, 2000.
2. **James DCS.** “Community Nutrition Services.” Community Health Services Class. University of Central Florida. March 8, 1999,
3. **James DCS.** “Workplace Diversity.” Florida Gulf Coast Marine Institute. February, 19, 1999.
4. **James DCS.** “Breastfeeding Practices among International Students.” Penn State University Nutrition Colloquium Series, University Park, Pennsylvania, April 11-12, 1994.
5. **James DCS.** “Ethical and Legal Aspects of the Human Genome Project.” Department of Pediatric, University of Florida, Gainesville, Florida, March 19, 1993
6. **Armotrading (James) D.** “Socioeconomic and Cultural Factors That Influence Breastfeeding among International Students At The University of Florida.” Graduate Student Council Research Forum, University of Florida, Gainesville, Florida, April 15, 1992.

### Invited Speeches or Lectures

1. **James DCS.** “Race Health and Inequities: The Legacy Continues.” 17<sup>th</sup> Annual McKnight Fellows Conference, October 21-23, 2000. Tampa, FL.
2. **James DCS.** “Nutrition: An International Perspective.” Trends In International Health, University of Florida, Gainesville, Florida, March 5, 1999.
3. **James DCS.** “The Effects of the Aging Process on Nutritional Status.” Bethel Seventh-Day Adventist Church, Gainesville, Florida, June 6, 1998.
4. **James DCS.** “Nutrition: An International Perspective.” Trends In International Health, University of Florida, Gainesville, Florida, March 18, 1998.

5. **James DCS.** “Developing Nutrition Educational Media for Adolescence.” Gainesville District Dietetic Association, Gainesville, Florida, September 9, 1997.
6. **James DCS.** “Cancer Prevention in the African American Community. Duval County American Cancer Society, Jacksonville, Florida, September 20, 1997.
7. **James DCS.** “Africa to America: Eating Patterns of Peoples of African Descent.” American Cancer Society Gospel Gathering For Good Health, Gainesville, Florida, April 19, 1997.
8. **James DCS.** “Wellness, Nutrition, and Fitness.” Gold’s Gym. Gainesville, Florida, April 10, 1997.
9. **James DCS.** “A Historical Perspective of the African American Diet: Possible Links to Cancer.” Duval County American Cancer Society, Jacksonville, Florida, October 5, 1996.
10. **James DCS.** “Diet and Disease Prevention among African Americans.” Gainesville, District Dietetic Association, Gainesville, Florida, September 10, 1996.
11. **James DCS.** “Cancer in the African American Community: A Nutritional Perspective.” American Cancer Society Gospel Gathering for Good Health, Gainesville, Florida, April 20, 1996.
12. **James DCS.** “AIDS/HIV in the African American Community.” Institute of Black Culture Health Forum, University of Florida, Gainesville, Florida, April 4, 1996.
13. **James DCS.** “Nutrition: An International Perspective.” Trends In International Health, University of Florida, Gainesville, Florida, March 18, 1996.
14. **James DCS.** “Experiences of Women of the African Diaspora Living in America”. Institute of Black Culture Forum, University of Florida, Gainesville, Florida, March 25, 1996.
15. **James DCS.** “Does Sex Education Work?” Contemporary Issues In Health Education Seminar, AHEC Summer Institute, University of Florida, Gainesville, Florida, July 26, 1995.
16. **James DCS.** “Ethical, Legal, and Social Considerations Of The Human Genome Project.” Contemporary Issues In Health Education Seminar, AHEC Summer Institute, University of Florida, Gainesville, Florida, July 19, 1995.
17. **James DCS.** “Diet and Cancer.” Mt. Carmel Baptist Church, Gainesville, Florida, May 31, 1995.
18. **James DCS.** “Ethical, Legal, and Social Implications of the Human Genome Project.” Department of Exercise and Sport Sciences Honor's Seminar, Gainesville, Florida. March 15, 1995.
19. **James DCS.** “Food and Nutrition: An International Perspective.” Trends in International Health Seminar, University of Florida, Gainesville, Florida, March 16, 1995.
20. **James DCS.** “Healthy Food Choices.” Lincoln Middle School, Gainesville, Florida, February 28, 1995.
21. **James DCS.** “Black Women's Health Issues.” National Association for the Advancement of Colored People (NAACP), Gainesville, Florida, January 28, 1995.

22. James DCS. "Women's Health and Fitness." Mt. Carmel Baptist Church, Gainesville, Florida, October 2, 1994.
23. James DCS. "Wellness, Nutrition, and Fitness." Gainesville District Dietetic Association, Gainesville, Florida, January 11, 1994.
24. Armotrading D. "Adolescent Sexual Development." Lincoln Middle School, Gainesville, Florida, November 7, 1992.
25. Armotrading D. "Think Twice About Graduate School." University of Florida Graduate Student Fall Visitation Program, October 23, 1992, Gainesville, Florida.
26. Armotrading D. "Pitfalls in Graduate School." 1992-1993 Graduate Student Orientation, University of Florida, Gainesville, Florida, September 16, 1992.
27. Armotrading D. "Healthy Eating For Kids." Gainesville District Dietetic Association National Nutrition Month Speaker's Bureau, J.J. Finley Elementary School, Gainesville, Florida, March 1992.

#### **Panelist, Organizer, Moderator, or Presider**

1. James DCS. "Exploring New Frontiers in Decreasing Health Disparities among African Americans," 19<sup>th</sup> Annual McKnight Fellows Conference, Florida Education Fund, Tampa, Florida, October 10-12, 2003 (organizer, presider, panelist).
2. James DCS. "Comprehensive School Health Program Process Evaluation." American School Health Association, 70th National School Health Conference, St. Louis, Missouri, October 29-November 3, 1996 (presider).
3. James DCS. Roundtable Forum. American School Health Association, 70th National School Health Conference, St. Louis, Missouri, October 29-November 3, 1996 (Presider).
4. James DCS. "Am I Fat? Helping Young Children Accept Differences in Body Size." Pre-conference Workshop, American School Health Association, 69th National School Health Conference. Milwaukee, Wisconsin, October 25-29, 1995 (organizer and moderator).
5. James DCS. Teaching Technique Forum. American School Health Association, 69th National School Health Conference. Milwaukee, Wisconsin, October 25-29, 1995 (Presider).

#### **TEACHING RESPONSIBILITIES**

##### **A. Courses Taught**

HSC 6535–Research Methods  
 HSC 3574/5576–Nutrition Education for Special Populations Groups  
 HSC 5626–Health Promotion for Priority Populations (Minority Health Issues Seminar)  
 HSC 5925–Health Promotion in Gerontology  
 HSC 4625/6635–Trends in International Health  
 HSC 3200–Community and Environmental Health

## B. Courses Developed and Revised

HSC 3574/3576–Nutrition Education for Special Populations Groups  
HSC 5925–Minority Health Issues Seminar  
HSC 5925–Health Promotion in Gerontology  
HSC 4625/6635–Trends in International Health

**AWARDS/HONORS**

- 2009 First Weight Management DPG Fellow, Aramark Corporation, American Dietetic Association
- 2006 Professional Issues Delegate Award.
- 2002 Faculty Research Award, Department of Health Science Education, University of Florida, Gainesville, Florida.
- 2001 Faculty Research Award, Department of Health Science Education, University of Florida, Gainesville, Florida.
- 2000 Teacher of the Year, College of Health and Human Performance
- 1999 Recognition of Service Award, American Dietetic Association, Chicago, Illinois.
- 1999 Faculty Research Award, Department of Health Science Education, University of Florida, Gainesville, Florida.
- 1998 Emerging Leader, American Dietetic Association, Chicago, Illinois.
- 1998 Emerging Leader, Florida Dietetic Association, Tallahassee, Florida.
- 1997 Faculty Research Award, Department of Health Science Education, University of Florida, Gainesville, Florida.
- 1997 McKnight Junior Faculty Development Fellowship (1997-1998), Florida Education Fund, Tampa, Florida.
- 1996 Teaching Improvement Program (TIP) Award, University of Florida, Gainesville, Florida.
- 1996 Florida Public Relations Association Award of Distinction for the “High Five” video project (Category: Film/Video-Public Service/Over One Minute), Barbara A. Rienzo (PI) and Delores C.S. James (Co-PI).
- 1993 Roderick J. McDavis Academic Excellence Award, The Black Graduate Student Organization, University of Florida, Gainesville, Florida.
- 1992 Outstanding Graduate Student of the Year, Department of Health Science Education, University of Florida, Gainesville, Florida.
- 1992 Black Graduate Student Organization Thesis Award, University of Florida, Gainesville, Florida.
- 1991 Outstanding Young Woman of America.

- 1991 Presidential Recognition for Academic Excellence, University of Florida, Gainesville, Florida.
- 1990 Florida Endowment Fund for Higher Education McKnight Doctoral Fellowship Award (1990-1993).
- 1990 Presidential Recognition for Academic Excellence, University of Florida, Gainesville, Florida.

**PROFESSIONAL SERVICE**

- 2004-2006 Professional Issues Delegate (Research), House of Delegate, American Dietetic Association.
- 2003-2005 President, McKnight Doctoral Fellows Alumni Association
- 2002-2005 ASHA Research Council, Member -At-Large
- 2000-2003 Member, AAHE Multicultural Involvement Committee
- 1999-2000 Chair, Nominating Committee, Florida District Dietetic Association.
- 1998-1999 Chair, Legislative Committee, Gainesville District Dietetic Association, Gainesville, Florida.
- 1998-1999 Chair, Nominating Committee, Gainesville District Dietetic Association, Gainesville, Florida.
- 1998-1999 Chair, Nominating Committee, Council on Food and Nutrition, American School Health Association.
- 1997-1998 President, Gainesville District Dietetic Association, Gainesville, Florida.
- 1996-1998 Chair, Food and Nutrition Council, American School Health Association.
- 1996-1997 President-elect, Gainesville District Dietetic Association, Gainesville, Florida.
- 1995-1996 Vice Chair, Council on Food and Nutrition, American School Health Association.
- 1995-1996 Chair, Membership Committee, Gainesville District Dietetic Association.
- 1995-1996 Co-chair, National Nutrition Month Committee, Gainesville District Dietetic Association
- 1994-1995 Vice Chair, Nutrition Education and School Food Service Council, American School Health Association.

**UNIVERSITY SERVICE**

- 2004-2006 Food Service Advisory Committee
- 1999-2001 Faculty Senate, University of Florida

- 1999-2000 Faculty Mentor, University Scholars Program
- 1998-2000 Member, Scholarship Committee, College of Health and Human Performance
- 1998-2000 Faculty Mentor, Ronald McNair Scholars Program
- 1994-1997 Faculty Mentor, Minority Mentor Program
- 1993-2002 Faculty Advisor, Campus Advent
- 1992-1993 Member, University of Florida Minority Recruitment and Retention Committee

**COLLEGE AND DEPARTMENT SERVICE**

- 2004-2005 Academic Personnel Board, College of Health and Human Performance
- 2004-2005 Technology Committee, Department of Health Science Education
- 2003-2005 Strategic Planning Committee, Department of Health Science Education
- 2003-2005 Tenure and Promotion Committee, Department of Health Science Education
- 1998-1999 Member, Professional Leave Committee, College of Health and Human Performance
- 2001-2003 Member, Professional Leave Committee, College of Health and Human Performance
- 1996-1997 Chair, Minority Affairs Committee, Department of Health Science Education
- 1995-present Faculty Advisor, Eta Sigma Gamma
- 1993-1994 Member, College Research Council, College of Health and Human Performance
- 1993-1995 Member, College Minority Council, College of Health and Human Performance
- 1993-2003 Member, Graduate Advisory Council, Department of Health Science Education

**HONOR SOCIETIES**

- 1990- Present Phi Kappa Phi
- 1990-Present Eta Sigma Gamma
- 1990-Present Beta Eta Sigma

**PROFESSIONAL AFFILIATION**

- 1990-Present American Public Health Association
- 1990-Present American Education Research Association
- 1984-Present American Dietetic Association

1984-Present Florida Dietetic Association  
1984-Present Gainesville District Dietetic Association  
  
1992-Present American School Health Association

**CONSULTANCIES**

Center for the Study of Health Disparities, Texas A&M University, 2004-2007.  
  
Coalition for the Health and Advocacy of Rural Minorities (CHARM), Inc., 2000-present.  
  
Fleishman-Hillard, Inc., Wheat Foods Council, Kansas City, MO, March, 1997.  
  
American School Health Association, Kent OH, December, 1996.  
  
Florida Nutrition Education and Training (NET) Program, 1994-1995.  
  
Centers for Disease Control, Macro International, 1993-1994.  
  
Tri-County Council for Senior Citizens, Inc., Chiefland, Florida, 1990-1991.  
  
Whispering Pines Care Center, Starke, Florida, 1990-1991.