

# International Perspectives on Health & Human Performance

HLP6935 | Class #s 30672 | 3 Credits | Spring 2023

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## Course Info

### INSTRUCTOR

**Garrett Beatty, Ph.D.**

Email: [gbeatty@ufl.edu](mailto:gbeatty@ufl.edu)

### OFFICE HOURS

Excluding UF Holidays:

Monday: 1-2pm ET via Zoom (see Canvas Course)

Thursday: 9:00-10:00am ET via Zoom (see Canvas Course)

Meetings also available by appointment.

### COURSE ACCESS

Access course through Canvas on UF e-Learning

<https://elearning.ufl.edu/>

## COURSE DESCRIPTION

Our complex and rapidly changing society imposes new demands on all professionals to understand international concepts within their work, research, and/or teaching. Aspects of Health & Human Performance and the scholarly contributions within respective fields are truly international in nature. The development of knowledge to inform practitioners transcends national boundaries, cultures, and languages. However, communicating ideas and efforts without limitations and restrictions is not without its challenges. The purpose of this course is to survey current scholarship in the content areas of Health & Human Performance with a specific comparative focus on American and European research and philosophies.

## REQUIRED AND RECOMMENDED MATERIALS

Materials will be assigned and available through the UF E-Learning course shell.

## COURSE FORMAT

The course is organized into 4 modules. Within each module, students will have the opportunity to engage in course content and graded learning activities. The learning activities are designed to catalyze student achievement of the following course goals and objectives. There is a summative, final project that will be due in the final week of this course.

## COURSE LEARNING OBJECTIVES:

The purpose of this course is to survey current scholarship in the content areas of Health & Human Performance with a specific comparative focus on American and European research and philosophies. Achievement of the course objectives will be met via a unique collaborative effort among 5 universities: the University of West Florida, Jacksonville University (FL), the University of Florida, Technische Universität Darmstadt (University of Darmstadt), and Johann Wolfgang Goethe-Universität (University of Frankfurt).

1. **One goal of HLP 6935 is to facilitate opportunities for student understanding of:**
  - international research and applied efforts in occupational fields closely tied to Health & Human Performance including exercise physiology, motor learning & control, biomechanics, performance psychology, health education, and sport management.
  - the shared and divergent scientific evidence / theoretical perspectives that provide insight into Health & Human Performance internationally and domestically.
  - society, culture, politics, and economics within the southeastern United States and internationally with specific emphasis on Germany.
2. **A second goal of HLP 6935 is to facilitate student skill development in:**
  - retrieving, evaluating quality, and identifying applicability of emerging scientific literature in the fields of Health & Human Performance.
  - engaging in critical, constructive, and diplomatic academic discussions of cross-cultural, international perspectives in Health & Human Performance topics.
  - initiating, developing, and fostering international, collaborative academic relationships.
  - disseminating scientific information effectively to a targeted audience at an international research symposium at Technische Universität Darmstadt, Germany.

## Course & University Policies

### ATTENDANCE POLICY

Requirements for class attendance (participation) and make-up exams, assignments, and other work in this course are consistent with university policies

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

### PERSONAL CONDUCT POLICY

Students are expected to exhibit behaviors that reflect highly upon themselves and the University. UF students are bound by The Honor Pledge which states:

***We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code.***

On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied:

***On my honor, I have neither given nor received unauthorized aid in doing this assignment.***

The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Students are obliged to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult the instructor, graduate assistant, or teaching assistant in this class.

## **COPYRIGHT STATEMENT**

The materials used in this course are copyrighted. Course content is the intellectual property of Garrett Beatty, and property of the University of Florida. Course content may not be duplicated in any format without explicit permission from the College of Health and Human Performance, UF, and Garrett Beatty. Course content may not be used for any commercial purposes. Individuals violating this policy may be subject to disciplinary action or legal litigation from the University and other injured parties.

## **EXAM MAKE-UP POLICY**

Unless excused based on University policies (<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>), missed examinations and non-submitted or late assignments will be not be evaluated and will be assigned a grade of 0.

Obtaining approval for make-up exams or make-up assignments is the responsibility of the student. Students with medically or emergency related circumstances should utilize the UF Care Team's Contact My Instructor service (<https://care.dso.ufl.edu/instructor-notifications/>) provided by the UF Dean of Students Office.

Any non-medical or emergency related circumstances require students to submit a written request explaining why an exception is being requested. The written request must include official documentation that provides proof that the missed coursework was due to acceptable reasons outlined by University policy.

## **ACCOMMODATING STUDENTS WITH DISABILITIES**

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the Disability Resource Center by visiting their Get Started page at <https://disability.ufl.edu/students/get-started/>. It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester. Accommodations are not retroactive, therefore, students should contact the office as soon as possible in the term for which they are seeking accommodations.

## **COURSE EVALUATIONS**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

## **PRIVACY**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations. Students enrolled in this course are agreeing to have their video or audio content accessible to the members of this course, enrolled in this semester. All class meetings will be recorded and provided to the class for asynchronous access. Students engaging in this course will also develop multimedia content including audio and video presentations that will be accessible to all members of the class. Recordings will not be available to members outside of this course.

Per the State of Florida's House Bill 233, students are also permitted to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A "class lecture" is defined as an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To "publish" means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code

## Getting Help

### HEALTH & WELLNESS

- U Matter, We Care: If you or a friend is in distress, please contact [umatter@ufl.edu](mailto:umatter@ufl.edu) or 352 392-1575
- Contact My Instructor Service: <https://care.dso.ufl.edu/instructor-notifications/>
- Counseling and Wellness Center: <https://counseling.ufl.edu/>, 352-392-1575
- Sexual Assault Recovery Services (SARS) - Student Health Care Center, 392-1161
- University Police Department, 392-1111 (or 9-1-1 for emergencies) <http://www.police.ufl.edu/>

### ACADEMIC RESOURCES

- E-learning technical support, 352-392-4357 (select option 2) or e-mail to [Learning-support@ufl.edu](mailto:Learning-support@ufl.edu). <https://lss.at.ufl.edu/help.shtml>
- Career Connections Center, Reitz Union, 392-1601. Career assistance and counseling. <https://career.ufl.edu/>
- Library Support, <http://cms.uflib.ufl.edu/ask>. Various ways to receive assistance with respect to using the libraries or finding resources.
- Teaching Center, Broward Hall, 392-2010 or 392-6420. General study skills and tutoring. <http://teachingcenter.ufl.edu/>
- Writing Studio, 302 Tigert Hall, 846-1138. Help brainstorming, formatting, and writing papers. <http://writing.ufl.edu/writing-studio/>

- Student Complaints
  - On-Campus: <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/>
  - On-Line Students Complaints: <http://distance.ufl.edu/student-complaint-process/>

## INCLUSION, DIVERSITY, EQUITY, AND ACCESSIBILITY RESOURCES

For suggestions or concerns related to IDEA, please reach out to any of the following:

- Dr. Linda Nguyen, APK IDEA Liaison, [linda.nguyen@hhp.ufl.edu](mailto:linda.nguyen@hhp.ufl.edu)
- Dr. Rachael Seidler, APK Graduate Coordinator, [rachaelseidler@ufl.edu](mailto:rachaelseidler@ufl.edu)
- Dr. Joslyn Ahlgren, APK Undergraduate Coordinator, [jahlgren@ufl.edu](mailto:jahlgren@ufl.edu)

## Grading

Student learning will be evaluated through a Final Project and course activities. Specific assignment details and grading rubrics will be provided on the course website <https://lss.at.ufl.edu/>.

- **Course Engagement:** Each student is expected to attend and engage in all class sessions and excursions in the program.
- **Assignments:** Students' knowledge of course content and demonstration of competency across the course's learning objectives will be evaluated through a assignments which will be compiled throughout the course and submitted at various deadlines.

### Final grade composition:

- Course Engagement: 15%
- Assignments: 85%

### Notes:

- Grades will not be rounded
- e.g. a 92.99% will not be rounded to a 93.00%.
- Grades of "I", "X", "H", or "N" will not be given except in cases of a documented, catastrophic occurrence.

### Grading scale:

<u>Grade</u>	<u>Percentage</u>	<u>Grade Points</u>
A	93 - 100 %	4.00
A-	90 - 92.99 %	3.67
B+	87 - 89.99 %	3.33
B	83 - 86.99 %	3.00
B-	80 - 82.99 %	2.67
C+	77 - 79.99 %	2.33
C	73 - 76.99 %	2.00
C-	70 - 72.99 %	1.67
D+	67 - 69.99 %	1.33
D	63 - 66.99 %	1.00
D-	60 - 62.99 %	0.67
E	0 - 59.99 %	0.00

More detailed information regarding current UF grading policies can be found here:

<https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/>.

## Weekly Course Schedule

### CRITICAL DATES & UF OBSERVED HOLIDAYS

- January 16: Martin Luther King, Jr. Day (Monday)
- March 11 - 18: UF Spring Break (Saturday - Saturday)
- Complete list available here: <https://catalog.ufl.edu/UGRD/dates-deadlines/2022-2023/#spring23text>

### WEEKLY SCHEDULE

Week	Dates	Assigned Module & Schedule Notes	Assessments Due
1	January 9 – February 3	Module 1 – Introduction to Course & Member Institutions	<b>By February 3</b> Group Zoom(s) Student Presentation on Member Institutions
2	February 4 – March 2	Module 2 – Perspectives on Germany Science in Health & Human Performance	<b>By March 2</b> Group Zoom(s) Student Presentation on Review of German Scientific Article
3	March 3 – 18	Module 3 – In-country Experience in Germany	Collect Daily VLOG content
4	March 19 – April 26	Module 4 – Capstone Wrap-up	<b>By April 26</b> Submit Polished VLOG and Perspectives on what was learned in-country