

Evidence Based Musculoskeletal Examination I

ATR 7210c | 3 Credits | Fall 2023

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Course Info

INSTRUCTOR Dr. Brady L. Tripp, LAT, ATC
Office: 148 FLG
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Email: trippb@ufl.edu
Preferred Method of Contact: Email

OFFICE HOURS By appointment, Tuesdays 2:00-4:00, email to confirm.

**MEETING
TIME/LOCATION** In-person
Tuesdays, 7:25 AM-10:25 AM / Yon Hall 11

COURSE DESCRIPTION

Athletic Trainers develop skills and appraise the principles and procedures used in the musculoskeletal assessment of upper-extremity function and dysfunction. Topics include the statistical evaluation of diagnostic tests, 3-dimensional kinematics, interpreting contemporary diagnostic tests and treatment of upper-extremity pathology/dysfunction and critical reviews of related research.

PREREQUISITE KNOWLEDGE & SKILLS

Pre-requisite: ATR 7108c Clinical Management in Athletic Training.

REQUIRED & RECOMMENDED MATERIALS

Reading materials will be available on the class Canvas page or the instructor will provide soft or hard copies in person. Journal articles will be used frequently. Other articles will be available online and retrieved from various libraries.

COURSE FORMAT

Course material will be presented through video and in-person lectures, online materials, and interactive workshop formats with 3.0 contact hours per week. This class will consist primarily of class roundtable discussions and some didactic presentations. Canvas will provide students with video lectures, content to supplement discussions, details regarding assignment expectations and grading criteria/rubrics and serve to assist the student with applicable resources for programmatic success within the Doctor of Athletic Training Program.

COURSE LEARNING OBJECTIVES

1. Examine the principles and execute the skills used in advanced orthopedic and functional evaluation of the upper-extremity.
2. Weigh the importance of a comprehensive, evidence-based assessment in the clinical diagnosis of pathology of the upper-extremity.
3. Examine the principles and execute the skills used in identifying normal and abnormal anatomy on diagnostic imaging of the upper-extremity.
4. Search, access and critically-appraise recent published evidence regarding the diagnosis of orthopedic conditions of the upper-extremity.

Course & University Policies

ATTENDANCE & PARTICIPATION POLICY

Attendance is mandatory. Students must provide a written notification of an absence (i.e., email) at least 24 hours prior to class; excused absences will be evaluated based on university policy. Students with an excused absence will be afforded make-up opportunities under the University guidelines. Prior preparation through chapter readings and outlining will enable active participation for productive discussions. Requirements related to class attendance are consistent with [University policies](#).

Critical-Thinking Questions and Participation: Each student, as part of his/her participation, is expected to ask questions. Insightful questions will be monitored during the year and contribute to participation grade. In addition, attending class, contributing to class, and useful information provided during class will be counted toward your participation grade. Any class period listed as "discussion", requires prior review of posted content to facilitate a valuable learning experience. Failure to come to class "prepared" creates an ineffective environment for valuable exchange of information. The instructor will use the rubric in the table below to assign participation points during discussion sessions (see dates within the course schedule listed as "discussion").

Excellent	10 pts	Defines, describes, and illustrates concepts Explains, assesses, and criticizes ideas Demonstrates preparation and reading of assignments
Good	8 pts	Defines, describes, and illustrates concepts Explains, assesses, and criticizes ideas Evidence of reading assignments, but not fully prepared
Reasonable	6 pts	Defines, describes, and illustrates concepts Explains, assesses, or criticize some ideas Evidence of incomplete reading of assignments and preparation
Basic	4 pts	Defines and describes some concepts Explains but cannot assess and criticize ideas Clearly unprepared and lacking evidence of reading assignments
Bare Minimum	2 pts	Defines and describes some concepts Unable to explain, assess, or criticize ideas Clearly unprepared and lacking evidence of reading assignments
Unacceptable	0 pts	Refuses to engage in discussion or answer questions when asked Engaged into inappropriate behaviors (using cell phone, social media, visiting irrelevant websites) Not present

PERSONAL CONDUCT POLICY

Academic Honesty: UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The [Honor Code](#) specifies several behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obliged to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult the instructor.

- All students are expected to conduct themselves in a respectful and responsible manner
- All students are expected to be on time for class
- All students are expected to turn off or silence their electronics
- All students are expected to not participate in actions that may disrupt the class
- The instructor reserves the right to ask any student to leave the classroom, if the student violates any the above class expectations

Plagiarism: Defined as the use and appropriation of another's work without any indication of the source and the representation of such work as the student's own. Any student, who fails to give credit for ideas, expressions or materials taken from another source, including internet sources, projects/papers submitted for another course (either intentional or unintentional), is guilty of plagiarism (*please refer to the DAT Plagiarism Policy in the Student Handbook*).

EXAMINATION & MAKE-UP POLICY

Written examinations will be administered via Canvas and will range in points from 75 – 300 and include a variety of question formats (e.g., multiple choice, select all that apply, matching and rank order). Each examination will include a practical portion that will include palpations, special tests, and diagnostic imaging. Practical portions will include a time limit of 10 to 20 minutes. There will be no make-up examinations unless exceptional conditions occur (as defined in the [University of Florida Catalog](#)). Prior permission from the professor is required.

A student experiencing an illness should visit the UF Student Health Care Center or their preferred healthcare provider to seek medical advice and obtain documentation. If you have an illness, family emergency or death, please contact the [Dean of Students Office](#) and follow the [DSO Care Team procedures](#) for documentation and submission of a request for make-up assignment. The DSO will contact the instructor. Do not provide any documentation to the instructor regarding illness or family emergency; this is your personal and protected information. The DSO is qualified to receive and verify the documents you provide. The instructor will follow the recommendations from the DSO. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the [online catalog](#).

There will be a time limit for each examination. Examinations will evaluate your understanding of material from lecture, text, and other supplemental material provided. Examinations may be administered via e-learning using lock-down browser or additional proctoring method. You should visit the [website](#) (Links to an external site) and download "Lock Down Browser" for either Windows or MAC. It may take 5-10 minutes to download so please complete the process prior to accessing an examination. As a reminder, please be sure to have a secure internet access when taking examinations - do not use a Wi-Fi access, as this is not a stable and consistent option. For MAC users, Safari is not a compatible internet browser with Canvas - please use either Internet Explorer, Google Chrome, or Firefox (version 10 or 12 - not version 11) when accessing the e-learning system. If you have issues during an examination, please call the help desk 352-392-4357. You should complete examinations during Help Desk hours so you will have access to assistance if needed. If you have an issue during a quiz/examination,

please email the instructor once you have submitted the examination. Access to examinations after submission is restricted, but you will see the grade and it will be posted in the course gradebook. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the [online catalog](#).

Quizzes: Quizzes will assess learning progress from lecture material and assigned readings. There will be a time limit for each quiz. To ensure that you are reading the assigned material, the quizzes may be both announced and unannounced. Quizzes will range from 1-25 points and include a variety of question formats (e.g., multiple choice, select all that apply, matching and rank order). For quizzes administered in e-Learning you may use notes only upon request of the instructor. You should employ examination best practices (stated above) for e-Learning quizzes. There will be no make-ups for missed quizzes (showing up late, etc.), unless exceptional conditions occur as defined in the University of Florida Undergraduate Catalog. Please see this [link](#) for more information.

GRADING

Letter Grade	Grade Points	Percentage
A	4.00	92 - 100
A-	3.67	89 - 91
B+	3.33	87 - 88
B	3.00	82 - 86
B-	2.67	79 - 81
C+	2.33	77 - 78
C	2.00	72 - 76
C-	1.67	69 - 71
D+	1.33	67 - 68
D	1.00	62 - 66
D-	0.67	60 - 61
E	0.00	Below 60

Item	Percentage
Canvas Exams (2)	40%
Practical Exams (2)	18%
Clinical Diagnosis Presentation (1-2)	22%
Quizzes (11-20)	16%
Critical-Thinking Questions and Participation (13)	4%
Total	100%

More detailed information regarding current UF grading policies can be found [here](#).

ASSIGNMENTS & PROJECTS

Assignments/projects are to be uploaded prior to the onset of class on the date assigned to them. Late assignments/projects may not be accepted. However, we understand that different life events happen. If an assignment or project needs to be turned in late to ensure quality work and accommodate to any life events you may be experiencing, please communicate this with Dr. Tripp, and the TAs. If you will be traveling for a clinical-sanctioned event, your assignment/project remains due prior to the onset of class on the date assigned to them.

You will complete the following **Assignments/Projects** throughout the semester:

Clinical Diagnosis Presentations: The professor will distribute Clinical Diagnosis topic assignments to each student during the first class meeting. Assignments include a list of pathologies and special tests. Due dates correspond with individual topics as posted on the course schedule.

Literature Search and Critical Appraisals: Students complete 2 Critical Appraisal Videos (QUADAS or PRISMA) on studies included in your search results – studies that do not have QUADAS/PRISMA scores and matter in terms of decision-making.

Clinical Diagnosis Presentation Rubric:

Criteria	Points
Email Dr. Tripp - Email Dr. Tripp your PubMed searches (consider emailing them to yourself from PubMed and then on to Dr. Tripp); Pathology or Special Test AND (sensitivity OR specificity OR likelihood ratio); limit 2010-current (due 10 days in advance)	16
Email Dr. Tripp and upload - Excel data for each Pathology and Special Test (Sens, Spec, +/-LRs) with references (due 10 days in advance)	16
Email Dr. Tripp article for class reading (PRN to describe new special test) (due 10 days in advance)	2
Upload final PowerPoint; make all suggested changes; include all videos (due 5 days in advance)	22
Upload your hand-out sheet combined for all tests presented with 'Rule In' and 'Rule Out' columns (email or print for classmates, print copies for TAs and Dr. Tripp) (due 5 days in advance)	6
Record videos of you performing each test (keep camera fixed; use tripod/stand); videos should auto-play in PowerPoint; upload YouTube into a playlist titled for week's topic (submit link to playlist)	14
Delivery of Presentation	20
Update/Revise Eval Sheet (due review day)	4
Total	100

Literature Search and Critical Appraisals Rubric:

Criteria	Points
Search terms and results are appropriate	7
Correct study design checklist employed	7
Checklist items are interpreted and presented appropriately	48
PowerPoint quality	14
Video and narration quality	14
Video is within time restrictions (5 min. for a single study; 8 min. for SR or M-A)	7
A pdf of the article is included	3
Total	100

Weekly Course Schedule

The course progression will tentatively follow the schedule below:

Week	Date	Topics	Assignments
1	8-29	Overview of Syllabus & Discuss Projects	Syllabus Quiz; Discussion (Critical Thinking Questions & Participation)
2	9-5	Evidence-based Clinical Exam	Week 2 Quiz; Discussion (CTQP)
3	9-12	Palpation, MMT, ROM & Ch 17	Week 3 Quiz; Discussion (CTQP)
4	9-19	Scapular Kinematics & Assessment	Week 4 Quiz; Discussion (CTQP)
5	9-26	Rotator Cuff & Impingement	Week 5 Quiz; Discussion (CTQP)
6	10-3	Glenohumeral Labrum	Week 6 Quiz; Discussion (CTQP)
7	10-10	Glenohumeral Instability	Week 7 Quiz; Discussion (CTQP)
8	10-17	Mid-Term Review	Discussion (CTQP); Update/Revise Eval Sheet
9	10-24	Written Exam I, Practical Exam	
10	10-31	AC & SC Joint	Week 10 Quiz; Discussion (CTQP)
11	11-7	Elbow	Week 11 Quiz; Discussion (CTQP)
12	11-14	Wrist & Hand	Week 12 Quiz; Discussion (CTQP)
13	11-21	Neurovascular	Week 13 Quiz; Discussion (CTQP)
14	11-28	Final Review	Update/Revise Eval Sheets
15	12-5	Written Exam I, Practical Exam	

COURSE EVALUATIONS

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available [here](#). Students will be notified when the evaluation period opens and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students [here](#).

Getting Help

HEALTH & WELLNESS

- U Matter, We Care: If you or a friend is in distress, please contact umatter@ufl.edu or 352 392-1575
- [Counseling and Wellness Center](#), 352-392-1575
- Sexual Assault Recovery Services (SARS) - Student Health Care Center, 392-1161
- [University Police Department](#), 392-1111 (or 9-1-1 for emergencies)

ACCOMMODATING STUDENTS WITH DISABILITIES

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the Disability Resource Center by visiting their [Get Started page](#). It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

ACADEMIC RESOURCES

- [E-learning technical support](#), 352-392-4357 (select option 2) or e-mail to Learning-support@ufl.edu.
- [Career Connections Center](#), Reitz Union, 392-1601. Career assistance and counseling.
- [Library Support](#). Various ways to receive assistance with respect to using the libraries or finding resources.
- [Teaching Center](#), Broward Hall, 392-2010 or 392-6420. General study skills and tutoring.
- [Writing Studio](#), 302 Tigert Hall, 846-1138. Help brainstorming, formatting, and writing papers.
- [Student Complaints On-Campus](#); [On-Line Students Complaints](#)

INCLUSION, DIVERSITY, EQUITY, & ACCESSIBILITY RESOURCES

For suggestions or concerns related to IDEA, please reach out to any of the following:

- Dr. Linda Nguyen, APK IDEA Liaison, linda.nguyen@hhp.ufl.edu
- Dr. Rachael Seidler, APK Graduate Coordinator, rachaelseidler@ufl.edu
- Dr. Joslyn Ahlgren, APK Undergraduate Coordinator, jahlgren@ufl.edu