

# HSC 3032: Foundations of Health Education

Department of Health Education & Behavior  
University of Florida  
Fall 2021

## **Instructor: Dr. Garcia-Guettler**

Dr. Tina Garcia-Guettler, Ph.D.  
Office: Florida Gym (FLG) #128  
Phone: 352-294-1817 | Email: via Canvas Inbox Tool

## **Department Chair: Dr. Maldonado-Molina**

Dr. Mildred Maldonado-Molina, Ph.D.  
Office: Florida Gym (FLG) #5  
Email: mmmm.ufl.edu

## **Course Logistics:**

Class Meeting Times & Locations: Class #15217 | 100% online (asynchronous)

Office Hours: Tuesdays, 4:00pm-6:00pm and Wednesdays, 6:30am-7:30am; alternate dates/times by appointment.

## **Course Correspondence: (additional information on page 6)**

- Email via **Canvas** is the **BEST** way to contact me.
- Email inquiries received Mondays through Fridays will usually receive a reply with 24 hours of receipt; however, if you have not received a reply within 48 hours, please resend your inquiry.
  - Emails sent after 4:00pm on Fridays and/or during the weekends will be replied to the following Monday.
- Please check Canvas emails and announcements regularly (daily). You are responsible for all information sent using these lines of communication.

## **Course Catalog Description:**

- *Foundations of Health Education (HSC 3032): Survey of theory and practice supporting the health education profession.*

## **Prerequisites:**

- HEB major, Junior or Senior Standing, and APK 2100C, APK 2105C, PSY 2012, STA 2023 & MAC 1105 or MAC 1140 or MAC 1147 or MAC 2311

## **REQUIRED Course Textbook:**

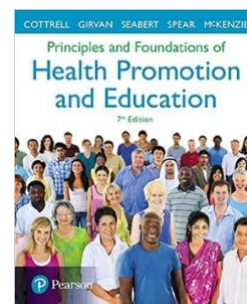
Title: Principles and Foundations of Health Education and Promotion (7<sup>th</sup> Edition)

Authors: Cottrell, Girvan, Seabert, Spear, and McKenzie

Publisher: Pearson | Format: Paperback and eTextbook

ISBN-10: 0134517652 | ISBN-13: 9780134517650

- **Note:** *Our course is aligned to this specific edition of the textbook. If you choose to purchase/rent/study a different edition of this text, you do so at your own risk.*
- If applicable, other books/readings assigned for class will be provided.



## **Learning Outcomes / Course Objectives:**

By the end of this course, you will be able to describe and/or demonstrate:

1. the various published definitions of "health."
2. the concept of optimal health in developing a personal view of health.
3. the history of national disease prevention and health promotion activities.
4. key risk factors affecting health promotion and longevity.
5. the core foundation areas underlying health education as an applied discipline.
6. opportunities for professional specialization in health education.
7. options for individual credentialing as a professional health educator.
8. development of criteria for ethical professional practice in health education.
9. trends potentially affecting health education in the future.

### **What You Can Do To Be Successful in HSC3032:**

By understanding and performing the following actions:

1. Take ownership of your education and learning experience.
2. Familiarize yourself with all course deadlines. Late assignments will not be accepted.
3. Be an active participant in course discussion forums and activities.
4. Complete all assigned readings prior to beginning an assessment and/or participating in discussion forums.
5. Inform me whenever there is a problem related to the class, whenever you feel the need to clarify questions, or whenever you desire to further explore the topics of particular interest.
6. Respect the viewpoints and contributions of your instructor and fellow classmates.

### **Course Instructional Format:**

This course uses a combination of web-based video material and lectures, online student engagement, discussion, & reflection activities, and assigned readings. In addition to the required textbook readings, you also will be responsible for reading multiple scholarly publications. All supplemental readings are available through the course website. UF's Canvas will be the official course management system for this course.

**Foundations of Health Education** is an online-delivered asynchronous distance education course. Asynchronous means that you will interact with the course material online on your own schedule during the time that has been allocated for this coursework. With this flexibility comes the demand for tremendous self-discipline and awareness of your work habits. Distance education courses can be deceptive in the time required to complete assignments in an exemplary manner by the stated deadlines.

Students commonly underestimate the time needed to complete the assigned readings assignments, and assessments within the posted time frames and deadlines. Part of this underestimation stems from the lack of regular face-to-face contact with me and with your classmates. Without this contact, some students seemingly "forget" they are enrolled in a course. If you have never taken a distance education course, let me know this is your first online course. I'm here to help but part of my ability to help involves communication from you.

### **Course Requirements / Accessibility:**

- Reliable Internet connection (DSL, LAN, or cable connection desirable).
- Access to University of Florida's E-Learning System, Canvas <http://elearning.ufl.edu/>
- Webcam and some type of speakers & microphone (for office hours & Honorlock test proctoring)
- Google Chrome browser (for Honorlock test proctoring).

### **Course Requirements, Evaluation and Grading:**

- Your grade for this course will be based upon the following:

<b>Course Requirements</b>	<b>Point Value</b>
1. Canvas & Zoom Profile Photo/Image/Graphic	1 point
2. Peer Introductions	4 points
3. Syllabus Quiz	10 points
4. Zoom Meeting w/ Dr. Garcia-Guettler	10 points
5. HonorLock Familiarization Quiz	5 points
6. Readiness Assessment Quizzes "RAQ's" (11 @ 5 pts each with lowest score dropped)	50 points
7. Discussion Forums "DF's" (4 and 10 pts each)	40 points
8. Application, Awareness & Reinforcement Activities (11 @ 3 pts each with lowest score dropped)	30 points
9. Professional Development Activities	70 points
10. Exams (3 @ 100pts each)	300 points
11. Final Exam	100 points
	<b>=620 Total POINTS</b>

### Grading Scale:

A	93% - 100%	576.00 – 620.00 points
A-	90% - 92.9%	558.00 – 575.99 points
B+	88% - 89.9%	545.00 – 557.99 points
B	83% - 87.9%	514.00 – 544.99 points
B-	80% - 82.9%	496.00 – 513.99 points
C+	78% - 79.9%	483.00 – 495.99 points
C	73% - 77.9%	452.00 – 482.99 points
C-	70% - 72.9%	434.00 – 451.99 points
D+	68% - 69.9%	421.00 – 433.99 points
D	63% - 67.9%	390.00 – 420.99 points
D-	60% - 62.9%	372.00 – 389.99 points
E	0% - 59.9%	371.99 points and below

### Please note:

Students who have a very low/failing grade and do not drop/withdraw from this course nor explain his/her situation to the instructor on or before Friday, 11/19/21 will be given an “E” (failing grade), NOT an “I” (Incomplete grade).

*It is unethical and a violation of the UF Student Honor Code to request an unjustifiable grade adjustment (UF Student Honor Code: “Conspiracy to Commit Academic Dishonesty”). Please understand that 89.99999% equals a “B+” semester grade. Under no circumstances will I give extra credit assignments, extra points, nor fractions of extra points, so please do not ask. However, if a grade input error occurs, you should notify me as soon as possible. I will examine the Canvas grade to determine whether a calculation error has occurred and if so, the grade will be adjusted accordingly.*

### Descriptions of Course Requirements:

- 1. Canvas Photo Update (1 point)**
  - Upload a preferred photo/image/graphic of yourself to your eLearning profile.
- 2. Peer Introductions (4 points)**
  - Each student will be asked to formally introduce themselves to their peers and the course instructor using the Introductory Discussion Forum in Canvas.
- 3. Syllabus Quiz (10 points)**
  - The course syllabus is considered THE mutual agreement between me (the course instructor) and you (the student). The Syllabus Quiz is to ensure that you fully understand the policies and procedures as well as the assignment expectations of this course.
- 4. Zoom Meeting with Dr. Garcia-Guettler (10 points)**
  - This activity is for us to familiarize ourselves with each other via Zoom meeting. Meeting availability will be posted within the course calendar. You can schedule our meeting via the Canvas calendar and/or email. We can use this time to discuss career goals/ambitions, course content, etc. There are 2 parts to this activity: (1) scheduling appointment; 2 points, and (2) following through with appointment; 8 points.
- 5. HonorLock Familiarization Quiz (2 points)**
  - This quiz is designed to provide you with an opportunity to try/test the HonorLock Proctoring Service. This way, if any HonorLock issues arise which need attention, it/they can be addressed & resolved prior to your Exam 1.
- 6. Readiness Assessment Quizzes “RAQ’s” (11 @ 5 points each w/ 1 drop = 50 points)**
  - RAQ’s are brief online quizzes based on the reading assignment for a designated module. These quizzes may include multiple-choice, true/false, and/or short answer type questions. After studying the assigned material students will take an individual open-book, open-note, open-resource quiz based on that material.
- 7. Discussion Forums “DF’s” (4 @ 10 points each = 40 points)**
  - Students will be prompted to contribute posts to online class discussion forums throughout the semester. These posts will correspond with questions/topics/scenarios posed by the course instructor and will be directly related to current course lectures, readings, materials, and/or class activities.
  - This is an opportunity for the instructor to gauge student learning and application of course material. Posts should be thoughtful and not simply a restatement of what was read (use critical thinking skills!). Each of these posts should be a minimum of 150 words. *It is expected that students will cite course material and/or readings when developing their own personal posts.*

- Thoughtfully responding to at least two of your class peers will be required. Each of these posts should be a minimum of 5 sentences. Reactions should be in your own words based on what you have learned and should ask questions or provide solutions to questions raised by other students enrolled in the course.
- Discussion Forum Grading Rubric

<b>Rubric for your DF Personal Post (7 points)</b>		
<b>Great Job, that's exactly what I was looking for! (7pts)</b>	<b>Not too bad, it's close to what I was looking for. (3.5pts)</b>	<b>Uh oh, what happened here? Let's revisit this. (0pts)</b>
Reflects excellent understanding of assigned reading; posts factually correct information, reflective and substantive contribution; advances discussion.  Meets 150 word minimum.	Generally competent. Posts information that is factually correct; however, contribution lacks full development of concept or thought. Suggests reading/lecture was scanned but not carefully.  Word count between 100-149 words.	Little or no evidence of having read course materials and/or preparing for the discussion. Post contains information that is off-topic, incorrect, and/or irrelevant to discussion.  Word count is less than 100 words. Late or no post provided.
<b>Rubric for your DF Peer Replies (2 replies per discussion topic, 1.5 point per reply = 3 points)</b>		
<b>Great Job, that's exactly what I was looking for! (1.5pts)</b>	<b>Not too bad, it's close to what I was looking for. (0.75 pts)</b>	<b>Uh oh, what happened here? Let's revisit this. (0pts)</b>
Response demonstrates analysis of other's post; extends meaningful discussion by building on previous post using follow-up questions and/or providing thoughtful, reflective comments.  Meets the minimum of 5 sentences.	Response is relevant to the original post; however, it doesn't quite support the position. Few connections are made and/or comments repeat or summarize other postings.  Only includes 3-4 sentences.	Posts shallow contribution to discussion (e.g., "I agree with Patty.") and/or does not enrich discussion.  Less than 3 sentences. Late or no post provided.

- Application, Awareness and Reinforcement Activities (11 @ 3 points each w/ 1 drop = 30 points)**
  - There will be various activities required for this course. These activities will supplement information discussed in assigned reading and video lectures & supplements. They are designed to apply, reinforce, and/or bring awareness to concepts discussed in the corresponding week's module.
- Professional Development Activities (points vary by activity; 70 points total)**
  - The Professional Development Activities correspond with Modules 6, 7, 8, and 10. They are designed to help you clarify your health education/promotion career and education goals and to familiarize you with the services which the University of Florida provides for career preparation. This project will included activities and assignments designed to help you focus on information such as identifying why you have chosen a particular occupation, how it will bring you fulfillment, as well as strategizing future efforts and actions steps in pursuit of your career goal. More information will be discussed during class lectures and posted to our course website.
- Exams (4 @ 100 points each = 400 points)**
  - Material presented on each exam is designed to assess your comprehension as well as applicability of information learned. Exams may consist of questions using various formats such as: multiple choice, true/false, matching, short answer and essay. Textbook chapters, lectures, and supplemental videos & readings will be included on these exams. Exam 1 will cover Modules 1-3, Exam 2 will cover Modules 4 & 5, Exam 3 will cover Modules 6 – 8. The Final Exam will cover Modules 9 & 10 as well as all material presented throughout the entire semester.

- **Honorlock:** Your exams in this course will be proctored using Honorlock. Honorlock is a service that allows students to complete their assessment at any location while still ensuring the academic integrity of the exam for the institution. Using almost any web cam and computer, you can take exams at home, at work, or anywhere you have internet access –if considered a secure location. Review the [Honorlock guide](#) for more information.
- Honorlock Guidelines:
  - You will need a webcam and some type of speakers and microphone.
  - You will need Google Chrome browser
  - A stable internet connection is required
  - You will need a government issued photo ID or student ID
  - No breaks are allowed during your testing session and cell phones and other devices will not be permitted in the testing area.
  - No other people are allowed in the area in which the test is being taken.
  - Any unauthorized notes or other attempts to cheat will abort the test session and will be reported to your instructor

## **Other Policies and Procedures**

### **Policy for Submitting All Assigned Work**

- ***Late work is not accepted.***
- Your work is expected to be on time. I do recognize that personal circumstances may interfere with your ability to meet a deadline. If an emergency arises which causes you to miss a quiz (RAQ), an assignment deadline, or an exam, it is your responsibility to contact the instructor within 24 hours and provide formal documentation via fax or email within 72 hours so that you will have an opportunity to make up what was missed. Without formal documentation submitted within 48 hours of a missed deadline, a grade of zero (0) will be given and student cannot be made up. I will not be receptive to retrospective requests for extensions.
- Among the reasons absences are considered excused by the university are the following:
  - Participation in an activity appearing on the University authorized list.
  - Death or major illness in a student's immediate family
  - Illness of a dependent family member
  - Participation in legal proceedings or administrative procedure that require a student's presence
  - Religious holy day

### **Grade Appeals**

- It is your responsibility to review your graded assignments, quizzes, and exams when they are visible. After review, students have one week to appeal the grade with the instructor. After one week, a grade will not be changed. THERE WILL BE NO EXCEPTIONS TO THIS POLICY.

### **Technical Issues:**

- Due to the online nature of this course, faulty Internet connections WILL NOT be accepted as an excusable reason for any missed/late assignments, activities, quizzes, and/or exams.
- Any requests for make-ups due to technical issues must be accompanied by the ticket number received from Learning Space Support (LSS) when the problem was reported. The ticket number will document the time and date of the problem. Students must contact the instructor within 24 hours of the technical difficulty if they wish to request (and be considered for) completion of a make-up assignment.
- If you find yourself in an area with limited Wi-Fi access, please know that eduroam, the on-campus Wi-Fi network, is available nationally and internationally. UF students can access eduroam free with their GatorMail login credentials. The eduroam network is fast and secure and has more than 10,000 wi-fi hotspots in 106 countries and territories worldwide. Visit <https://getonline.ufl.edu/> for additional information.

## **COVID-19 Policies and Requirements (for UF-Online Students who wish to access campus)**

- a. You are expected to wear approved face coverings at all times during class and within buildings even if you are vaccinated. Please continue to follow healthy habits, including best practices like frequent hand washing. Following these practices is our responsibility as Gators.
- b. Sanitizing supplies are available in the classroom if you wish to wipe down your desks prior to sitting down and at the end of the class.
- c. If you are experiencing [COVID-19 symptoms](#), please use the [UF Health screening system](#) and follow the instructions on whether you are able to attend class.
  - i. Course materials will be provided to you with an excused absence, and you will be given a reasonable amount of time to make up work. [Find more information in the university attendance policies](#).

## **Class Recordings and Video Lectures:**

- Per the House Bill 233 Intellectual and Viewpoint Diversity Act, you are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are:
  - (1) For personal educational use.
  - (2) In connection with a complaint to the university.
  - (3) As evidence in, or in preparation for, a criminal or civil proceeding.

**All other purposes are prohibited. You may not publish recorded lectures without my written consent.**

As defined in the bill, a “class lecture” is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the university, or by a guest instructor, as part of a UF course.

This does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

**Publication without my permission is prohibited. To “publish” means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section.**

Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third-party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.

## **Academic Integrity**

- Each student is expected to make an honest effort in this class and to be scrupulous in maintaining academic integrity. Cheating and plagiarism will not be tolerated, and college guidelines on academic misconduct will be enforced.
- By formally registering for coursework at the University of Florida, you agreed to abide by the following statements from the University:
  - As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge: “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity. “You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." It is assumed that you will complete all work independently in each course unless the instructor

provides explicit permission for you to collaborate on course tasks (e.g. assignments, papers, quizzes, exams).

- Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. To avoid misunderstandings on both our parts, please refer to the *University of Florida Student Honor Code* located at <http://www.dso.ufl.edu/SCCR/honorcodes/honorcode.php>.

### **Americans with Disabilities Act (ADA)**

- The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protections for persons with disabilities. Among other things, this legislation requires that all students with documented disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you registered through the Disabilities Resource Program in the Dean of Students Office at 352-392-1261, or [www.dso.ufl.edu/drc](http://www.dso.ufl.edu/drc) and you need specific accommodations for the course, I will gladly provide those accommodations.
  - Any student who requires accommodations to complete the requirements and expectations of this course due to documented disability is encouraged to make his/her needs known to the instructor and to UF's Disabilities Resource Program ON or BEFORE the second Friday of the semester.
- If you did not register formally, but you know you have behavioral or learning disabilities or other issues that might affect your performance in the course, tell me and I will help you.

### **Title IX**

- University of Florida has zero tolerance for sexual discrimination, harassment, assault/battery, dating violence, domestic violence, or stalking. Students are encouraged to report any experienced or witnessed occurrences to law enforcement and/or one of UF's Title IX Coordinators. Students can report incidents or learn more about their rights and options by contacting Student Conduct and Conflict Resolution at 202 Peabody Hall, 352-392-1261; or visit:
  - [www.dso.ufl.edu/sccr/process/incident-report/](http://www.dso.ufl.edu/sccr/process/incident-report/)
  - [www.dso.ufl.edu/sccr/process/victim-rights/](http://www.dso.ufl.edu/sccr/process/victim-rights/)

### **Email Correspondence**

- Please utilize proper etiquette when sending emails. This includes an appropriate "Subject" heading, proper greeting/salutation, grammatically correct message body, and proper closure. For example:

**Subject Heading:** HSC3032, Fall2021 – Exam 1

**Proper Greeting/Salutation:**

Good morning, Dr. Garcia-Guettler,

**Message Body:**

I am preparing for our upcoming exam. Can you tell me what the format will be and about how many questions to expect?

**Proper Closure:**

Your Student,

Name

HSC 3032, Fall 2021, Section 15217

- ***I EXPECT professionalism from you. Inappropriate or etiquette-deprived emails will be returned with a suggestion to revise & resend.***

**Respect Policy:**

"All individuals, regardless of their gender, gender identity, gender expression, sexual identity, sexual orientation, race, ethnicity, religious affiliation, physical or mental ability, political affiliation, or any other perceived generalized differentiator, is welcome in this course. It is expected that we treat each other with respect and as equals. Treat one another as you want to be treated so that we can have valuable discussion in this course. Intolerant, inflammatory, or insulting behavior or speech is not acceptable and may lead to dismissal from the course." (Copied from Dr. Suzanne Murphy's, University of Florida, HSC4232, Fall2021 Course Syllabus).

**Preferred Pronoun and Name Change in Canvas:**

- It is important to the learning environment that you feel welcome and safe in this class; and that you are comfortable participating in class discussions and communicating with me on any issues related to the class. If your preferred name is not the name listed on the official UF roll, please let me know as soon as possible by e-mail or otherwise. I would like to acknowledge your preferred name, and pronouns that reflect your identity. Please let me know how you would like to be addressed in class, if your name and pronouns are not reflected by your UF-rostered name. I welcome you to the class and look forward to a rewarding learning adventure together.
- You may also change your "Display Name" in Canvas. Canvas uses the "Display Name" as set in myUFL. The Display Name is what you want people to see in the UF Directory, such as "Ally" instead of "Allison." To update your display name, go to [one.ufl.edu](https://one.ufl.edu), click on the dropdown at the top right, and select "Directory Profile." Click "Edit" on the right of the name panel, uncheck "Use my legal name" under "Display Name," update how you wish your name to be displayed, and click "Submit" at the bottom. This change may take up to 24 hours to appear in Canvas. This does not change your legal name for official UF records.

**Online Course Evaluations**

- Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

**Policy on Recommendation Letters**

- I will consider preparing recommendations for graduate programs, professional schools, internships, scholarships and for jobs if and only if ALL of the following requirements have been met by you:
  - a. Completed at least TWO of my courses and received A grades.
  - b. Are actively engaged in class activities & discussions
  - c. Have met with me during office hours at least twice during each course/semester to share about yourself (graduate school interests, career goals, general health education inquiries, etc.),
  - d. Are willing to waive your right to review the letter of recommendation,
  - e. Provide your recommendation request to me via email at least 4 weeks prior to the date the recommendation is due.

**CAVEAT:**

*The schedule and procedures in this course are subject to change in the event of extenuating circumstances.*



## University Resources

The University of Florida recognizes that pursuit of an online degree requires just as much student support as pursuit of a traditional on-campus degree and therefore, each online program is responsible for providing the same student support services to both students who are in residence on the main campus and those who are seeking an online degree through distance learning.

- **Online Computing Help Desk:** <http://helpdesk.ufl.edu/>  
The UF Computing Help Desk is available to assist students when they are having technical issues.
- **Online Library Help Desk:** <http://guides.uflib.ufl.edu/content.php?pid=86973&sid=686381>.  
The help desk is available to assist students with access to all UF Libraries resources.
- **Disabilities Resource Center:** <http://www.dso.ufl.edu/drc/>  
If you have a physical, learning, sensory or psychological disability, please visit the DRC.
- **Counseling and Wellness Center:** <http://www.counseling.ufl.edu/cwc/>  
Visit the counseling and wellness center to speak to a counselor about any personal problems.
- **Dean of Students Office:** <http://www.dso.ufl.edu/>  
Visit the Dean of Students site for help resolving a conflict or for student code of conduct inquiries. If you have a serious emergency or life event, please contact the Dean of Students Office ([www.dso.ufl.edu](http://www.dso.ufl.edu)) and they will contact your instructors so that you do not have to provide documentation of the emergency/death in order to get a make-up exam. Requirements for class attendance and make-up exams, assignments, and other work are consistent with the university policies that can be found at <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.
- **U Matter, We Care:** [umatter@ufl.edu](mailto:umatter@ufl.edu)  
Your well-being is important to the University of Florida. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact [umatter@ufl.edu](mailto:umatter@ufl.edu) so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392-1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.

EVERY *Gator* COUNTS



UMATTER@UFL.EDU | UMATTER.UFL.EDU | 352-294-CARE (2273) | @UMATTERWECARE

# HSC3032 Course Calendar – Fall2021

Class # 15217 (100% online | asynchronous)

*Disclaimer: This schedule represents my current plans and objectives as of 8/25/21. As we go through the semester, those plans may need to change to enhance the class learning opportunity. Such changes, communicated clearly, are not unusual and should be expected.*

Semester Week <i>Module</i>	Weekly Tasks	Due Dates 11:59pm ET (unless stated otherwise)
<b>Week 1</b>  <i>CLASS ORIENTATION</i>	Familiarize yourself with <b>HSC3032 Syllabus &amp; Canvas Course Website</b> <ol style="list-style-type: none"> <li>1. Upload/Update Canvas Profile Photo</li> <li>2. Complete HSC3032 Peer Introduction – Personal Post</li> <li>3. Complete HSC3032 Peer Introduction – Peer Replies</li> </ol>	<ol style="list-style-type: none"> <li>1. Due: Thur, Aug 26</li> <li>2. Due: Thur, Aug 26</li> <li>3. Due: Fri, Aug 27</li> </ol>
<b>Week 2: Module 1</b> <i>(Opens at 12pm, noon, Sun, 8/29/21)</i>  A BACKGROUND FOR THE PROFESSION	Read Chapter 1 and preview lecture notes <ol style="list-style-type: none"> <li>1. Syllabus Quiz</li> <li>2. Complete Readiness Assessment Quiz #1</li> <li>3. Complete Discussion Forum #1 – Personal Post</li> <li>4. Complete Discussion Forum #1 – Peer Replies</li> <li>5. Submit Application/Awareness/Reinforcement Activity #1</li> </ol>	<ol style="list-style-type: none"> <li>1. Due: Mon, Aug 30</li> <li>2. Due: Mon, Aug 30</li> <li>3. Due: Wed, Sep 1</li> <li>4. Due: Thu, Sep 2</li> <li>5. Due: Fri, Sep 3</li> </ol>
<b>Week 3: Module 2</b> <i>(Opens at 12pm, noon, Sun 9/5/21)</i>  THE HISTORY OF HEALTH AND HEALTH EDUCATION/PROMOTION	Read Chapter 2 and preview lecture notes <ol style="list-style-type: none"> <li>1. <b>Labor Day (Observed)</b></li> <li>2. Complete Readiness Assessment Quiz #2</li> <li>3. Complete Zoom Mtg w/ Dr. G: Part 1</li> <li>4. Submit Application/Awareness/Reinforcement Activity #2</li> </ol>	<ol style="list-style-type: none"> <li>1. Monday, Sept 6</li> <li>2. Due: 12pm, noon, Tue, Sep 7</li> <li>3. Due: Thu, Sep 9</li> <li>4. Due: Fri, Sep 10</li> </ol>
<b>Week 4: Module 3</b> <i>(Opens at 12pm, noon, Sun, 9/12/21)</i>  PHILOSOPHICAL FOUNDATIONS	Read Chapter 3, Developing Philosophy of HE, and preview lecture notes <ol style="list-style-type: none"> <li>1. Complete Readiness Assessment Quiz #3</li> <li>2. Complete Philosophy of HE/P Statement: Part 1 (of 2)</li> <li>3. Complete HonorLock Familiarization Quiz</li> <li>4. Submit Application/Awareness/Reinforcement Activity #3</li> </ol>	<ol style="list-style-type: none"> <li>1. Due: Mon, Sep 13</li> <li>2. Due: Wed, Sep 15</li> <li>3. Due: Thu, Sep 16</li> <li>4. Due: Fri, Sep 17</li> </ol>
<b>Week 5</b>  Exam 1	Review and Prepare for <b>Exam 1</b> <ol style="list-style-type: none"> <li>1. <b>EXAM 1 (Modules 1, 2, and 3) – NO Resources Permitted</b> <ul style="list-style-type: none"> <li>• Opens at 6:00am ET, Wednesday, September 22<sup>nd</sup></li> <li>• Closes at 11:59pm ET, Thursday, September 23<sup>rd</sup></li> </ul> </li> <li>2. Submit Post Exam 1 Check-In Survey</li> </ol>	<ol style="list-style-type: none"> <li>2. Due: Fri, Sep 24</li> </ol>

Semester Week Module	Weekly Tasks	Due Dates 11:59pm ET (unless stated otherwise)
<b>Week 6: Module 4</b> <i>(Opens at 12pm, noon, Sun, 9/26/21)</i>  THEORIES AND PLANNING MODELS	Read Chapter 1 & Theory At-A-Glance and preview lecture notes 1. Complete Readiness Assessment Quiz #4 2. Submit Resume Reformation: Part 1 (of 4) 3. Submit Resume Reformation: Part 2 (of 4) 4. Submit Application/Awareness/Reinforcement Activity #4	1. Due: Mon, Sep 27 2. Due: Wed, Sep 29 3. Due: Wed, Sep 29 4. Due: Fri, Oct 1
<b>Week 7: Module 4</b> <i>(Opens at 12pm, noon, Sun, 9/26/21)</i>  DEVELOPING PROGRAM GOALS AND S.M.A.R.T. OBJECTIVES	Read S.M.A.R.T. Objective Literature and preview lecture notes 1. Complete Readiness Assessment Quiz #5 2. Submit Application/Awareness/Reinforcement Activity #5 <b>3. UF Homecoming (no classes)</b>	1. Due: Mon, Oct 4 2. Due: Thu, Oct 7 3. Friday, Oct 8
<b>Week 8: Module 5</b> <i>(Opens at 12pm, noon, Sun 10/10/21)</i>  ETHICS AND HEALTH EDUCATION/PROMOTION	Read Chapter 5 and preview lecture notes 1. Complete Readiness Assessment Quiz #6 2. Complete Discussion Forum #2 – Personal Post 3. Complete Discussion Forum #2 – Peer Replies 4. Submit Application/Awareness/Reinforcement Activity #6	1. Due: Mon, Oct 11 2. Due: Wed, Oct 13 3. Due: Thu, Oct 14 4. Due: Fri, Oct 15
Week 9  EXAM 2	Review and Prepare for <b>Exam 2</b> <b>1. EXAM 2 (Modules 4 and 5) – NO Resources Permitted</b> <ul style="list-style-type: none"> <li>Opens at 6:00am ET, Wednesday, October 20<sup>th</sup></li> <li>Closes at 11:59pm ET, Thursday, October 21<sup>st</sup></li> </ul> 2. Submit Post Exam 2 Check-In Survey	2. Due: Fri, Oct 22
<b>Week 10: Module 6</b> <i>(Opens at 12pm, noon, Sun 10/24/21)</i>  THE HEALTH EDUCATION SPECIALIST	Read Chapter 6 and preview lecture notes 1. Complete Readiness Assessment Quiz #7 2. Submit ePortfolio: Part 1 3. Submit Application/Awareness/Reinforcement Activity #7 4. Submit Resume Reformation: Part 3 (of 4)	1. Due: Mon, Oct 25 2. Due: Thu, Oct 28 3. Due: Fri, Oct 29 4. Due: Fri, Oct 29
<b>Week 11: Module 7</b> <i>(Opens at 12pm, noon, Sun 10/31/21)</i>  THE SETTINGS FOR HEALTH EDUCATION/PROMOTION	Read Chapter 7 and preview lecture notes 1. Complete Readiness Assessment Quiz #8 2. Submit Resume Reformation: Part 4 (of 4) 3. Submit Career or Grad Program Search: Part 1 (of 2) 4. Submit Application/Awareness/Reinforcement Activity #8	1. Due: Mon, Nov 1 2. Due: Mon, Nov 1 3. Due: Thu, Nov 4 4. Due: Fri, Nov 5

Semester Week Module	Weekly Tasks	Due Dates 11:59pm ET (unless stated otherwise)
<b>Week 12: Module 8</b> <i>(Opens at 12pm, noon, Sun 11/7/21)</i>  AGENCIES, ASSOCIATIONS, AND ORGANIZATIONS ASSOCIATION WITH HEALTH EDUCATION/PROMOTION	Read Chapter 8 and preview lecture notes 1. Complete Readiness Assessment Quiz #9 2. Submit Career or Grad Program Search: Part 2 (of 2) 3. Submit Discussion Forum #3 – Personal Post 4. <b>Veteran’s Day (Observed) – Thanks to all of those who serve! ☺</b> 5. Submit Discussion Forum #3 – Peer Replies 6. Submit Application/Awareness/Reinforcement Activity #9	1. Due: Mon, Nov 8 2. Due: Tues, Nov 9 3. Due: Wed, Nov 10 4. Thursday, Nov 11 5. Due: Fri, Nov 12 6. Due: Fri, Nov 12
Week 13  EXAM 3	Review and Prepare for <b>Exam 3</b> 1. <b>EXAM 3 (Modules 6, 7, and 8) – NO Resources Permitted</b> <ul style="list-style-type: none"> <li>• Opens at 6:00am ET, Wednesday, November 17<sup>th</sup></li> <li>• Closes at 11:59pm ET, Thursday, November 18<sup>th</sup></li> </ul>	
<b>Week 14</b>	Review “Developing Philosophy of Health Education” Material 1. Complete Philosophy of HE/P Statement: Part 2 (of 2) 2. <b>Have a Happy Thanksgiving!! ☺</b>	1. Due, Mon, Nov 22 2. Thanksgiving Break (11/24-11/28)
<b>Week 15: Module 9</b> <i>(Opens at 12pm, noon, Sun 11/28/21)</i>  THE LITERATURE OF HEALTH EDUCATION/PROMOTION	Read Chapter 9 and preview lecture notes 3. Complete Readiness Assessment Quiz #10 4. Submit Discussion Forum #4 – Personal Post 5. Submit Discussion Forum #4 – Peer Replies 6. Submit Application/Awareness/Reinforcement Activity #10 7. ePortfolio Project: Part 2 (of 2)	1. Due: Mon, Nov 29 2. Due: Wed, Dec 1 3. Due: Thu, Dec 2 4. Due: Fri, Dec 3 5. Due: Sun, Dec 5
<b>Week 16: Module 10</b> <i>(Opens at 12pm, noon, Sun 12/5/21)</i>  FUTURE TRENDS IN HEALTH EDUCATION/PROMOTION	Read Chapter 10 and preview lecture notes 1. Complete Readiness Assessment Quiz #11 2. Submit Application/Awareness/Reinforcement Activity #11 3. Last Day to Complete Zoom Mtg w/ Dr. G: Part 2 4. Submit Instructor/Course Evaluation via GatorEvals	1. Due: Mon, Dec 6 2. Due: Wed, Dec 8 3. Due: Wed, Dec 8 4. Due: Thu, Dec 9
Week 17  FINAL EXAM	<b>FINAL EXAM (ALL Course Content) – Resources Permitted ☺</b> <ul style="list-style-type: none"> <li>• Opens at 6:00am ET, Wednesday, December 15<sup>th</sup></li> <li>• Closes at 11:59pm ET, Thursday, December 16<sup>th</sup></li> </ul>	

*Disclaimer: This schedule represents my current plans and objectives as of 8/25/21. As we go through the semester, those plans may need to change to enhance the class learning opportunity. Such changes, communicated clearly, are not unusual and should be expected.*