

University of Florida

College of Health and Human Performance Department of Applied Physiology & Kinesiology Undergraduate Athletic Training Program

Spring 2020 Course Syllabus | Last Date Revised: 11/5/2019

# **COURSE INFORMATION**

ATR 4822: Athletic Training Clinical Experience II (4 credits) January 6<sup>th</sup>, 2018-April 22<sup>nd</sup>, 2020 Meeting Time: Fridays 8:30-10:25am Meeting Location: Yon 11

### INSTRUCTOR

Christopher Brown, PhD, LAT, ATC, CSCS Clinical Assistant Professor – AT Program Office Location: FLG 122 Office Phone: 352-294-1070 Email: <u>cdbrown7@ufl.edu</u> Office Hours: By appointment, please schedule on Calendly: <u>https://calendly.com/cdbrown7</u>

## **COURSE DESCRIPTION**

Provides the student with the opportunity necessary to grow both clinically and professionally within the field of athletic training through attendance at seminars, and the integration and synthesis of cognitive and psychomotor skills learned in previous semesters. Pre-Requisite: ATR 4812 with minimum grade of C and admission into athletic training major

#### **LEARNING OUTCOMES**

- 1. Demonstrate proper assessment of the cervical and thoracic spine and upper extremity (i.e., shoulder, elbow, forearm, wrist, and hand)
- 2. Recognize the signs and symptoms associated with a concussion and implement proper management strategies
- 3. Demonstrate proper assessment of injuries to the head, face and related structures
- 4. Demonstrate the proper protocols and application of therapeutic modalities (i.e., thermal, mechanical, light, electrical, etc.)
- 5. Demonstrate effective communication and documentation techniques used during injury assessment and therapeutic intervention

#### **REQUIRED TEXTS AND MATERIALS**

Textbook	ISBN	
Evaluation of Orthopedic and Athletic Injuries Author: Chad Starkey and Sara Brown Year: 2015 Edition: 4th Dublish on FA Davis	978-0-8036-3918-8	Required
Publisher: FA Davis Orthopedic and Athletic Injury Evaluation Handbook Author: Chad Starkey and Sara Brown Year: 2015 Edition: 3rd Publisher: FA Davis	978-0-8036-3919-5	Required
Cram Session in Goniometry and Manual Muscle Testing: A Handbook for Students & Clinicians Author: Lynn Van Ost Year: 2013 Edition: 1st Publisher: Slack, Inc.	978-1-6171-1620-9	Required
Therapeutic Modalities Author: Chad Starkey Year: 2013 Edition: 4th Publisher: FA Davis	9781617110054	Required
Please view course fees at https://one.uf.edu/soc/		

#### **COURSE REQUIREMENTS AND POLICIES**

**Examinations and Practical Examinations:** There will be NO make-up examinations unless exceptional conditions occur (as defined in the University of Florida Undergraduate Catalog). Please see this link for more information.

http://www.registrar.ufl.edu/catalog/policies/regulationattendance.html Prior permission from the professor is required. There will be a time limit for each examination. Examinations will evaluate the understanding of material from lecture, text, and other supplemental material provided. As part of the CAATE requirements for completion of *Educational Competencies and Proficiencies*, all students must pass (i.e., earn a "C" = 72% or higher) assessments of this material or complete remediation before moving on to the next course in the AT Program. Students may complete up to two additional remediation opportunities, beyond the original assessment, to successfully pass a skill (practical exam) or content area (written/e-learning exam) within this course. Any student who cannot successfully complete the required CAATE competency and/or proficiency examinations after two remediation sessions will have their case reviewed by the AT Steering Committee. Students who require remediation two or more times throughout the semester on written and/or practical exams may also have their case reviewed by the AT Steering Committee.

**Assignments:** Assignments are due at the onset of class on the date assigned to them or submitted prior to the designated deadline in e-learning. **Please type all assignments** unless otherwise stated in the directions. **LATE ASSIGNMENTS ARE NOT ACCEPTED!** If you will be traveling for a University sanctioned event and will miss an assignment due date, your assignment is due **before** you leave. You must notify me with an explanation for missing class, in

writing (email or letter), to receive an excused absence for class. Students are responsible for all materials missed because of an absence.

**Laboratory Experiences:** Laboratory experiences conducted throughout the semester may occur in Yon Hall 1, 11 or off-site at one of the local AT facilities. Attendance and participation with laboratory experiences is required. Written notification of an absence (i.e., email) prior to class is required for an absence to be excused (see university regulations as stated above). Details/specific requirements for lab experiences will be available in Sakai prior to the lab date. Students must wear proper attire (e.g., gym shorts, tank tops, sports bras, etc.) during all lab experiences.

**Clinical Experience:** Clinical experience hours and all associated documentation (i.e., midterm evaluations, final evaluations, clinical preceptor evaluations, etc.) are required components of this course. Please note – clinical experiences may begin or end outside of the traditional academic calendar (e.g., preseason, postseason); each clinical site supervisor will clarify expectations. If preseason or postseason is an expectation of the site, then it is considered a required component of the clinical experience. Emergency Cardiac Care, First Aid, Bloodborne Pathogens, HIPAA, and other program requirements must be current and on file to complete any clinical experience.

**Volunteer Experiences:** To enhance the valuable clinical opportunities available to athletic training students at the University of Florida, each will complete a minimum of 3 volunteer experiences (outside of their assigned clinical experience) per semester. Volunteer experiences may include (but are not limited to) 1) tournaments or multi-team events hosted by the University Athletic Association, Inc., Santa Fe College or Alachua County Public or Private High Schools (i.e., cross-country meet, indoor or outdoor track & field events, high school wrestling tournaments, Florida Relays, NCAA regional or national events, District or Regional high school events), 2) Professional Development Experiences (i.e., attending or presenting at SEATA Student Workshop, ATAF, NATA, High School Workshops), 3) Research Study Participation (note: should have a multi-day commitment or a minimum of 4 hours) and 4) Local Area Community Relations Events or Other Faculty Approved Events. Academic faculty must approve all volunteer experiences **prior** to completion; please document electronically using the current Volunteer Experience Form.

**Disciplinary Policy:** Athletic Training students who receive a written disciplinary warning during the semester will receive a ½ letter grade reduction in the corresponding clinical experience course for that timeframe (e.g. A to an A-; A- to B+, etc.). The half letter grade reduction will occur after all other grades are counted. If a written warning is received when classes are not in session (between semesters) the ½ letter grade reduction will be applied on the student's previous clinical course through grade change. For example, a Junior Athletic Training student assigned to a UAA Basketball Preceptor who receives a written disciplinary warning over winter break will receive a ½ letter grade reduction in their Fall clinical course (ATR4812: AT Clinical Experience I). Written disciplinary warnings may be given by Athletic Training program Preceptors or Faculty. Please refer to the Policy and Procedure manual for additional information.

**Attendance and Participation:** Attendance is mandatory. Students must provide a written notification of an absence (i.e., email) at least 24 hours prior to the class; excused absences will be evaluated based on University policy. Students with an excused absence will be afforded make-up opportunities under the university guidelines. Prior preparation through chapter readings and outlining will enable active participation for productive discussions. Requirements for class attendance and make-up exams,

assignments, and other work are consistent with university policies found in the online cataloghttps://catalog.ufl.edu/UGRD/

#### **Student Conduct Policy**:

- All students are expected to conduct themselves in a respectful and responsible manner
- All students are expected to be on time for class
- All students are expected to turn off or silence their cell phones
- All students are expected to not participate in actions that may disrupt the class
- The instructor reserves the right to ask any student to leave the classroom, if the student violates any the above class procedures

**Critical-Thinking Questions and Participation**: Each student, as part of his/her participation, is expected to ask questions. Insightful questions will be monitored during the course and contribute to participation grade. In addition, attending class, contributing to class, and useful information provided during class will be counted toward your participation grade. Any class period listed as "discussion", requires prior review of posted content to facilitate a valuable learning experience. Failure to come to class "prepared" creates an ineffective environment for valuable exchange of information. The instructor will use the rubric in the table below to assign participation points during discussion sessions (see dates within the course schedule listed as "discussion").

	1	
Excellent	10 pts	<ul> <li>Defines, describes, and illustrates concepts</li> <li>Explains, assesses and criticizes ideas</li> <li>Demonstrates preparation and reading of assignments</li> </ul>
Good	8 pts	<ul> <li>Defines, describes, and illustrates concepts</li> <li>Explains, assesses and criticizes ideas</li> <li>Evidence of reading assignments, but not fully prepared</li> </ul>
Reasonable	6 pts	<ul> <li>Defines, describes, and illustrates concepts</li> <li>Explains, assesses, or criticize some ideas</li> <li>Evidence of incomplete reading of assignments and preparation</li> </ul>
Basic	4 pts	<ul> <li>Defines and describes some concepts</li> <li>Explains but cannot assess and criticize ideas</li> <li>Clearly unprepared and lacking evidence of reading assignments</li> </ul>
Bare Minimum	2 pts	<ul> <li>Defines and describes some concepts</li> <li>Unable to explain, assess, or criticize ideas</li> <li>Clearly unprepared and lacking evidence of reading assignments</li> </ul>
Unacceptable	0 pt	<ul> <li>Refuses to engage in discussion or answer questions when asked</li> <li>Engaged into inappropriate behaviors (using cell phone, social media, visiting irrelevant websites)</li> <li>Not present</li> </ul>

**Plagiarism**: Defined as the use and appropriation of another's work without any indication of the source and the representation of such work as the student's own. Any student, who fails to give credit for ideas, expressions or materials taken from another source, including internet sources, projects/papers submitted

for another course (either intentional or unintentional), is guilty of plagiarism (please refer to the AT Program Plagiarism Policy in the Student Handbook)

# COURSE SCHEDULE (SUBJECT TO MODIFICATION)

The course progression will tentatively follow the schedule below:

Dates	Topics	Assignments
Ducos		1. Clinical Self-Evaluation
		2. Clinical Site and EAP
		Orientation Form
		3. Volunteer Form
	1. Course Introduction	4. Surgical Observation Form
Jan 10 <sup>th</sup>	2. Elbow and Forearm Review	5. Article Review Guidelines
		1. Elbow and Forearm Injuries
		Article (Read this prior to class)
		2. Elbow/Shoulder Imaging (Read
Jan 17 <sup>th</sup>	1. Elbow and Forearm Scenarios	this prior to class)
	1. Shoulder Scenarios	
Jan 24 <sup>th</sup>	2. C-spine Scenarios	
	1. Shoulder Scenarios	Injury Scenario Assignment Due by
Jan 31 <sup>st</sup>	2. C-spine Scenarios	11:59pm Jan 31 <sup>st</sup>
Feb 7 <sup>th</sup>	No Class: Student SEATA	
Feb 14th	Wrist, Hand, and Fingers Scenarios	
Feb 21st	Head and Concussion	
	1. Head, Face, and Other	Cranial Nerve and Concussion
	Structures Scenarios	Assignment Due Feb 27 <sup>th</sup> by
Feb 28th	2. Practical Exam Review	11:59pm
Mar 6 <sup>th</sup>	No Class: Spring Break	
		Key Features Book Due during
		practical exam March 13 <sup>th</sup>
	1 E Loopping Evon #1 March	Midterm Clinical AT Student
	1. E-Learning Exam #1 March 13 <sup>th</sup> to 11:59pm March 14 <sup>th</sup>	
Mar 13 <sup>th</sup>	2. Practical Exam #1	Evaluation (from Preceptor in Qualtrics)
Mai 15	1. Treatment Planning	
Mar 20 <sup>th</sup>	2. Healing Process Review	
1.101 20		Article Review Due Mar 26 <sup>th</sup> by
		11:59pm (Have 2 minute take-home
Mar 27 <sup>th</sup>	1. Thermal Modalities Review	points and handout ready for class)
	1. E-Stim	· · · · · · · · · · · · · · · · · · ·
	2. Biofeedback	
	3. IC	
	4. Laser	
	5. Massage	
Apr 3 <sup>rd</sup>	6. Traction	
		Modalities Application Assignment
Apr 10 <sup>th</sup>	Practical Exam Practice Day	Due April 10 <sup>th</sup> by 11:59pm
Apr 17 <sup>th</sup>	1. E-Learning Exam #2 April	1. Professional Knowledge Book

17 <sup>th</sup> to 11:59pm April 18 <sup>th</sup> 2. Practical Exam #2	due in APK front office last week of classes
	2. Clinical Preceptor Evaluations due final week of classes
	3. Final Clinical AT Student Evaluation due final week of classes (from Preceptor in
	Qualtrics)
	4. All Volunteer Experiences due final week of classes

#### **GRADING CRITERIA**

Clinical Experiences and Volunteer Experiences	35%
E-Learning Exams/Practical Exams	30%
Assignments	25%
Professional Knowledge Book	5%
Participation/Attendance	<u>5%</u>
TOTAL GRADE	100%

**IMPORTANT NOTE**: Students must earn a "C" or better in ATR 4315 to continue in the AT Program.

Letter	Grade	Percentage
Grade	Points	
Α	4.00	92 - 100
A A-	3.67	89 - 91
B+	3.33	87 - 88
В	3.00	82 - 86
В-	2.67	79 - 81
C+	2.33	77 - 78
С	2.00	72 - 76
C+ C C- D+	1.67	69 - 71
D+	1.33	67 - 68
D	1.00	62 - 66
D-	0.67	60 - 61
Е	0.00	Below 60

# **COLLEGE/UNIVERSITY-WIDE POLICIES**

Academic Honesty: As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge: "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity." Students will exhibit behavior consistent with this commitment to the UF academic community. Academic misconduct appears in a variety of forms (including plagiarism) and may be punishable in a variety of ways, from failing the assignment and/or the entire course to academic probation, suspension or expulsion. On all work submitted for credit by students at the university, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Faculty will not tolerate violations of the Honor Code at the

University of Florida and will report incidents to the Dean of Students Office for consideration of disciplinary action. The Honor Code (<u>https://sccr.dso.ufl.edu/students/student-conduct-code/</u>) specifies a number of behaviors that are in violation of this code and the possible sanctions. If you have questions about what constitutes academic misconduct before handing in an assignment, see your instructor.

Academic Assistance and Student Services: Students who are in need of academic, career, or personal counseling services are encouraged to see the academic assistance website for further information on available services. <u>http://www.ufadvising.ufl.edu/</u>

ADA Policy: The University of Florida provides accommodations for students with documented disabilities. For more information, regarding services and procedures for requesting accommodations visit <u>https://drc.dso.ufl.edu/</u> or call 352.392.8565. Students requesting classroom accommodation must first register with the Disability Resource Center. The Disability Resource Center will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

**Campus Resources:** U Matter, We Care: Your well-being is important to the University of Florida. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact <u>umatter@ufl.edu</u>; a nighttime and weekend crisis counselor is available by phone at 352.392.1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.

University Police Department: 392.1111 or 9-1-1 for emergencies <u>http://www.police.ufl.edu/</u> Counseling and Wellness Center: <u>https://counseling.ufl.edu/</u> 352.392.1575; *Sexual Assault Recovery Services* (SARS) Student Health Care Center, 352.392.1161.

Career Resource Center: Reitz Union, 352.392.1601, http://www.crc.ufl.edu/

Cell Phone/Text Messaging Policy: Students will not engage in text messaging or access their cellular telephones during class time. Faculty will award special considerations at his/her discretion.

**Confidentiality:** The University ensures the confidentiality of student educational records in accordance with State University System rules, state statutes and FERPA, the Family Educational Rights and Privacy Act of 1974, as amended, also known as the Buckley Amendment. https://catalog.ufl.edu/UGRD/

**Course Grading Policy:** Students will earn their course grade based on completion of coursework as outlined in the Grading Criteria listed above. Percentage calculations are rounded up at ".6 or above" and rounded down at ".5 or below". For more information regarding Grade Point Averages, Grade Values, etc. please visit the University registrar website listed below. <u>https://catalog.ufl.edu/UGRD/</u>

Course Evaluations: Students in this class are participating in the pilot evaluation of the new course evaluation system called GatorEvals. The new evaluation system is designed to be more informative to instructors so that teaching effectiveness is enhanced and to be more seamlessly linked to UF's CANVAS learning management system. Students can complete their evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <a href="https://ufl.bluera.com/ufl/">https://ufl.bluera.com/ufl/</a>. Please note your other classes this semester may be evaluated in the current GatorRater online evaluation system at <a href="https://evaluations.ufl.edu">https://evaluations.ufl.edu</a>. Thank you for serving as a partner in this important effort.

Students should provide feedback on the quality of instruction in this course by completing online evaluations. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <a href="https://evaluations.ufl.edu/results">https://evaluations.ufl.edu/results</a>.

**Email and E-Learning Policy:** Students are required to check their University of Florida email and E-Learning Course account daily. Dissemination of reminders and course material may occur via email or through announcements in E-Learning; it is the student's responsibility to read and respond (if appropriate). *E-learning Help Desk*: <u>http://elearning.ufl.edu/</u> *Technical support:* 352.392.4357 (select option 2) or e-mail to <u>Learning-support@ufl.edu</u>

Last Day to Withdraw: In order to withdraw from a course it is not sufficient simply to stop attending class or to inform the instructor of your intention to withdraw. In accordance with college policy, contact your adviser to begin the withdrawal process. To view the last day for withdrawal please visit <a href="https://catalog.ufl.edu/UGRD/">https://catalog.ufl.edu/UGRD/</a>

Library Resources Support: http://cms.uflib.ufl.edu/ask

**Student Responsibility for Course Prerequisites:** Students are responsible to have satisfied all published prerequisites for this class. Please review the prerequisites and discuss any questions with your instructor and/or your academic advisor.

Student Complaints Process: http://regulations.ufl.edu/regulations/uf-4-student-affairs/

**Teaching Center:** General study skills and tutoring <u>http://teachingcenter.ufl.edu/</u> Broward Hall, 352.392.2010 or 352.392.6420.

Writing Studio: Formatting and writing papers assistance http://writing.ufl.edu/writing-studio/